

ANNUAL
NARRATIVE REPORT

FOR
PINAL COUNTY

ELOISE L. KELLER
HOME AGENT

JULY 1, 1957
TO
NOVEMBER 30, 1957

ELOISE L. KELLER
PINAL COUNTY
JULY 1, 1957 TO
NOVEMBER 30, 1957

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PINAL COUNTY, ARIZONA

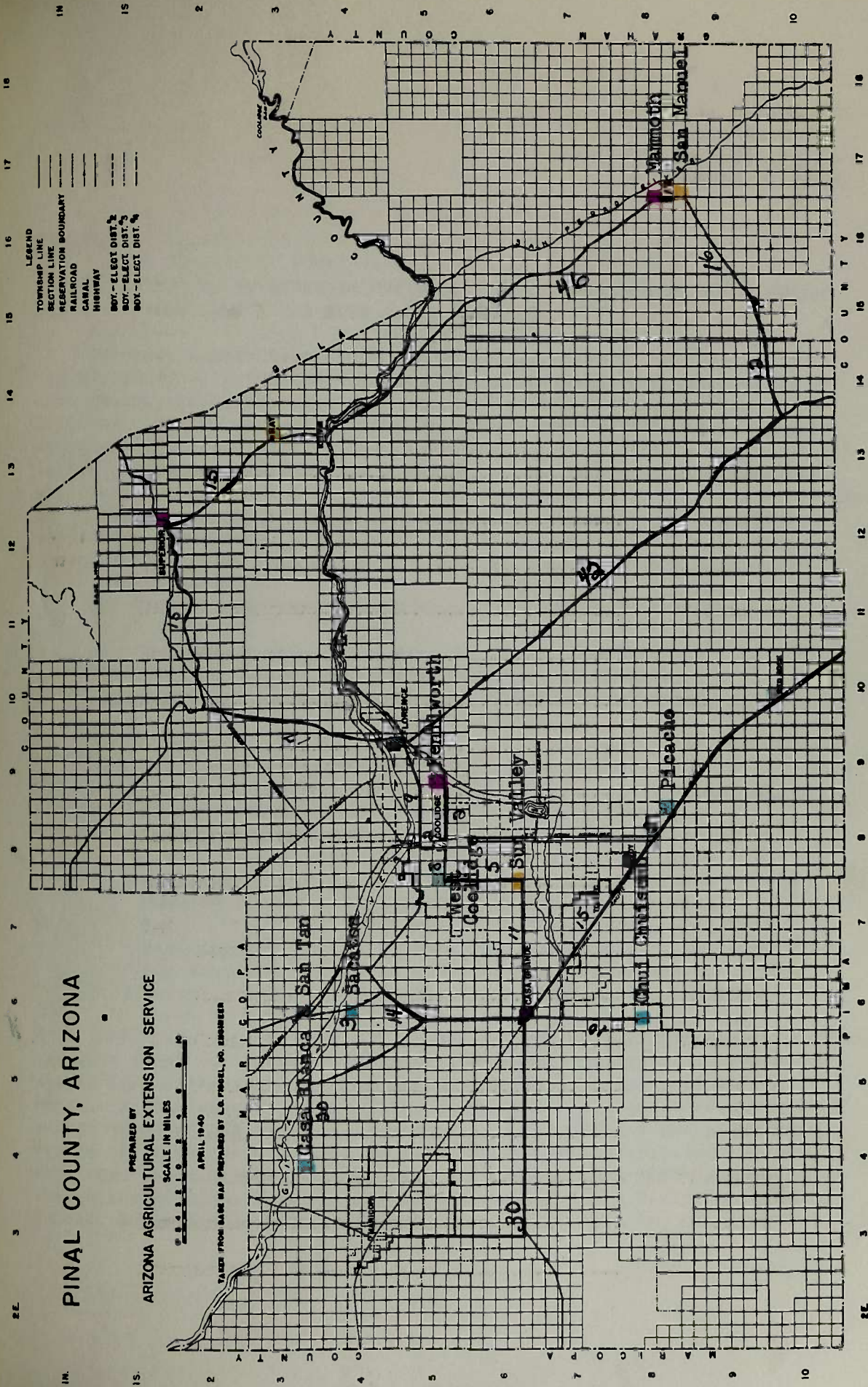
PREPARED BY
ARIZONA AGRICULTURAL EXTENSION SERVICE

SCALE IN MILES

0 1 2 3 4 5 6 7 8 9 10

APRIL 1940

TAKEN FROM BUREAU MAP PREPARED BY L. R. FROELICH, CO. ENGINEER



4-H Areas

Homemakers

Both 4-H and Homemakers Clubs

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SITUATION

BEING THE THIRD AGENT IN ONE YEAR'S TIME COVERING THE 5,380 SQUARE MILES OF PINAL COUNTY HAS BEEN A BIG PROBLEM.

IN PINAL COUNTY NINE HOMEMAKER CLUBS ARE ACTIVELY PARTICIPATING IN THE AGRICULTURAL EXTENSION PROGRAM. THESE ORGANIZATIONS ARE LOCATED IN CASA GRANDE, ELOY, KENILWORTH, MAMMOTH, RAY, SAN MANUEL, SUN VALLEY AND SUPERIOR. TWELVE HOMEMAKERS WERE VISITED IN THE MARICOPA AREA. THESE WOMEN REPRESENT THE NUCLEUS OF THE HOMEMAKER GROUP. ACTIVE PARTICIPATION IN THE COUNTY PROGRAM HAS BEEN DIFFICULT. MOST OF THESE ARE CONFRONTED WITH THE PROBLEM OF FINDING PROPER CARE FOR THEIR CHILDREN FOR A FULL DAY. THE DISTANCE THEY MUST TRAVEL TO PARTICIPATE IN COUNTY MEETINGS IS ALSO CONSIDERED A HANDICAP. AT PRESENT THIS GROUP DOES NOT CONSIDER ITSELF AN ACTIVE EXTENSION CLUB.

OFFICERS OF THE PINAL COUNTY HOMEMAKERS COUNCIL ARE:

CHAIRMAN	- MRS. JOE SHORT, SUN VALLEY
VICE CHAIRMAN	- MRS. DAVE MILLER, MAMMOTH
SECRETARY-TREASURER	- MRS. HUGH DEIFENBAUGH, CASA GRANDE AFTERNOON CLUB

NINE HOMEMAKER CLUBS ARE ORGANIZED IN PINAL COUNTY.

CASA GRANDE AFTERNOON	- MRS. G. T. AKIN, PRESIDENT
CASA GRANDE EVENING	- MRS. CARMEN TAYLOR, PRESIDENT
ELOY	- MRS. L. E. KINNE, PRESIDENT
KENILWORTH	- MRS. JOHN C. LEWIS, PRESIDENT
MAMMOTH	- MRS. DAVE MILLER, PRESIDENT
RAY	- MRS. L. H. SHAKELFORD, PRESIDENT
SAN MANUEL	- MRS. HOYT BROWN, SECRETARY-TREASURER
SUN VALLEY	- MRS. JOE LADD, PRESIDENT
SUPERIOR	- MRS. A. D. LAWSON, PRESIDENT

THERE IS A NEED TO ORGANIZE CLUBS IN FLORENCE AND MARICOPA. TO AROUSE INTEREST AMONG THE PEOPLE OF FLORENCE, MATERIAL PERTAINING TO THE HOMEMAKERS CLUB WAS DISPLAYED ON THE EXTENSION BULLETIN BOARD AT THE COURT HOUSE. A SIGN URGED ALL INTERESTED IN SECURING MORE INFORMATION TO SIGN A CARD PROVIDED AND MAIL IT. A SUPPLY OF TEN DIFFERENT BULLETINS WERE PLACED ON THE BOARD. WITHIN TEN DAYS, NINETY BULLETINS HAD BEEN TAKEN AND THERE WAS A SLIGHT RESPONSE FROM THE CARDS. THIS BOARD HAS BEEN CONTINUED AND AS TO DATE, THE END OF THIS YEAR SOME 1,023 BULLETINS HAVE BEEN TAKEN. SIMILAR PROCEDURE IS SUGGESTED FOR MARICOPA.

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AT THE END OF THE YEAR THE CLUB IN ELOY HAS DISBANDED. HOWEVER, RECENT CONTACTS HAVE BEEN MADE IN ELOY, MARICOPA, AND SONORA, WITH THE HOPE THAT THE CLUBS WILL BE REACTIVATED IN THESE AREAS. POSSIBLE NEW CLUBS AND CONTACTS HAVE BEEN MADE FOR THESE AND IN FLORENCE AND IN RED ROCK.

NEW COUNTY OFFICERS WERE ELECTED AT THE BRIEF COUNCIL MEETING HELD IN CONJUNCTION WITH THE COUNTY ACHIEVEMENT PROGRAM HELD IN NOVEMBER. THE NEW OFFICERS FOR PINAL COUNTY HOMEMAKERS COUNCIL ARE:

CHAIRMAN	- MRS. WELDON JONES, KENILWORTH
VICE CHAIRMAN	- MRS. JACK TAYLOR, CASA GRANDE EVENING
SECRETARY-TREASURER	- MRS. HORACE KNOWLES, KENILWORTH

ORGANIZATION AND PLANNING

TO COMPLY WITH REQUESTS FROM VARIOUS COUNTY HOMEMAKERS, THE TRADITIONAL HOMEMAKERS CHRISTMAS LETTER WAS ASSEMBLED AND MAILED. THIS YEAR SPECIAL HOLIDAY RECIPES AND CHRISTMAS DECORATION IDEAS WERE SOLICITED FROM CLUBS.

IN JANUARY TO BECOME ACQUAINTED WITH THE HOMEMAKERS GROUPS AND DEVELOP INSITE INTO THE COUNTY PROGRAM, EIGHT HOMEMAKER MEETINGS WERE ATTENDED.

MRS. JOE SHORT, PRESIDENT OF THE PINAL COUNTY HOMEMAKERS COUNCIL, ACCOMPANIED THE AGENT TO THE MAMMOTH AND SAN MANUEL MEETING. A RAINY DAY AND FAMILY ILLNESSES KEPT MAMMOTH HOMEMAKERS FROM THE MEETING. THOSE ATTENDING DISCUSSED THE PLANNED LESSONS, AND SCHEDULE OF MEETINGS IN THE EASTERN PART OF THE COUNTY. IN SAN MANUEL THE ENTIRE CLUB AND SEVERAL GUESTS WENT OVER THE YEARBOOKS WITH SPIRITED DISCUSSION. THE GROUP HERE IS YOUNG AND FULL OF VIGOR AND LIFE. BOTH CLUBS SEEMED PLEASED MRS. SHORT CAME. IT IS FELT HER PRESENCE CONTRIBUTED TOWARDS A FEELING OF COUNTY UNITY.

SUN VALLEY HOMEMAKERS HELD A POT LUCK LUNCH AND BUSINESS MEETING AT THE GREENHOUSE. THIS GROUP EMPLOYS MANY CLEVER IDEAS TO ADD MEMBER INTEREST TO THEIR MEETINGS. KENILWORTH HELD AN AFTERNOON BUSINESS SESSION. SINCE THE GROUP HAS PREVIOUSLY HAD INSTRUCTION ON PROTECTION OF THE FAMILY AND HOME IN EVENT OF DISASTER, THEY ELECTED TO CONDUCT A "FOODS" MEETING IN FEBRUARY RATHER THAN THE SCHEDULED LESSON.

SUPERIOR HOMEMAKERS MET WITH THE AGENT FOR DISCUSSION AND COMPLETION OF THE YEARBOOK. THEY EXPRESSED ENTHUSIASTIC INTEREST IN THE ENTIRE PROGRAM AS PLANNED. FOR THE SUMMER MONTHS, THEY WOULD APPRECIATE HELP AND SUGGESTIONS FOR SECURING INFORMATION AND INSTRUCTIONS IN SOME KIND OF CRAFTS, LEATHER TOOLING, COPPER ENAMELING, AND TEXTILE PAINTING, ETC.

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CASA GRANDE AFTERNOON HOMEMAKERS AND THE AGENT DISCUSSED AT LENGTH THE COMING WORKSHOP IN CLOTHING. ALL OF MEMBERS PRESENT INDICATED INTENTION OF PARTICIPATING IN THE WORKSHOP.

ELOY HOMEMAKERS AT THEIR PROGRAM PLANNING MEETING THIS MONTH VOTED TO CHANGE TIME OF THEIR MEETING TO THE FIRST THURSDAY AFTERNOON OF EACH MONTH. MEMBERS PRESENT FELT A DAY MEETING HELD EARLIER IN THE MONTH WOULD INCREASE ATTENDANCE.

YEARBOOK COMMITTEE

VICE PRESIDENTS FROM KENILWORTH, CASA GRANDE EVENING CLUB, SUN VALLEY, MAMMOTH, AND SAN MANUEL MET IN CASA GRANDE TO DETERMINE FORM AND CONTENT OF PINAL COUNTY HOMEMAKERS 1957 YEARBOOK. LOOKING OVER A COLLECTION OF YEARBOOKS FROM OTHER COUNTIES, THE QUARTER PAGE SIZE WAS CHOSEN AS MOST CONVENIENT. COMMUNITY AND SCHOOL CALENDARS OF EVENTS, BROUGHT BY THE WOMEN TO THE MEETING, WERE CHECKED AGAINST PROGRAM DATES. AS FAR AS POSSIBLE DATES SELECTED ACCOMMODATE HOMEMAKERS' COMMUNITY RESPONSIBILITIES.

OFFICERS-PROJECT LEADERS TRAINING MEETING

AT A PRIOR MEETING WITH MRS. JOE SHORT, CHAIRMAN OF PINAL COUNTY HOMEMAKERS COUNCIL, RECOMMENDATIONS ON JANUARY OFFICERS LEADERS TRAINING MEETING WERE INCORPORATED INTO PROPOSED PLANS. THE QUESTION OF DUPLICATION ON COUNTY PROGRAM PLANNING BY HOLDING A MAY PRE-PROGRAM PLANNING MEETING WAS DISCUSSED. THE PRACTICE OF CONDUCTING COUNCIL MEETINGS AS GENERAL COUNTY MEETINGS WAS CONSIDERED FROM THE STANDPOINT A SMALLER GROUP CONDUCTS ITS BUSINESS WITH GREATER EXPEDIENCY. THE QUESTION AROSE AS TO WHAT ATTITUDE THE WOMEN MIGHT HAVE TOWARDS CHANGING THIS ESTABLISHED PROCEDURE. THE PROBLEMS OF TOPIC SELECTION AT PROGRAM PLANNING WERE REVIEWED. IT WAS SUGGESTED THE CLUBS ELECT FOUR DELEGATES TO PROGRAM PLANNING TO REPRESENT THEM IN EACH SUBJECT.

JANUARY 10 THE OFFICERS-LEADERS TRAINING MEETING WAS HELD AT THE COMMUNITY PRESBYTERIAN CHURCH IN COOLIDGE. MEMBERS FROM CASA GRANDE AFTERNOON CLUB, CASA GRANDE EVENING CLUB, KENILWORTH, SAN MANUEL, AND SUN VALLEY ATTENDED. VERY HEAVY RAINS WITH CONSEQUENT CLOSING OF THE FLORENCE JUNCTION HIGHWAY CAUSED SUPERIOR TO CANCEL RESERVATIONS.

KENILWORTH WITH MRS. WELDON JONES AS CHAIRMAN ACTED AS HOSTESS CLUB MAKING RESERVATIONS FOR THE LUNCH SERVED BY THE WOMEN OF THE CHURCH.

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THE MEETING WAS OPENED BY MRS. JOE SHORT, PINAL COUNTY HOMEMAKERS COUNCIL PRESIDENT. ORDER OF PROCEDURE IS AS INDICATED BY ATTACHED PROGRAM. SUCCESS OF INSTRUCTION WAS EVIDENT IN BRISK, BUSINESS-LIKE MANNER IN WHICH MEMBERS CONDUCTED AFTERNOON SESSION OF COUNTY COUNCIL. (PROGRAM PREVIOUSLY INCLUDED IN MRS. LEROY'S NARRATIVE.)

INFORMATION CONFERENCE

THE HOME AGENTS' WORKSHOP CONDUCTED BY INFORMATION SPECIALISTS PROVIDED MUCH NEEDED "KNOW-HOW" ON FORMULATING AN INFORMATION PROGRAM. STATISTICS THAT ON THE AVERAGE 375 PERSONS ARE REACHED AS A RESULT OF EACH HOUR OF NEWS PREPARATION STAND AS CONVINCING EVIDENCE. THE PROBLEM NOW IS TO SELECT THE COUNTY MEDIA AVAILABLE WHICH WILL PRODUCE THE GREATEST DESIRED BEHAVIOR CHANGE.

PINAL COUNTY HOMEMAKERS COUNCIL

A COUNCIL MEETING WAS HELD IN CONJUNCTION WITH THE JANUARY 10 LEADER-OFFICERS TRAINING MEETING. DELEGATES FROM CASA GRANDE AFTERNOON CLUB, CASA GRANDE EVENING CLUB, KENILWORTH, SAN MANUEL AND SUN VALLEY WERE PRESENT. MRS. JOE SHORT, PRESIDED. OUTSTANDING BUSINESS TRANSACTED WERE APPROVAL OF RECOMMENDED CHANGES IN THE RULES OF ORDER. ADDITIONAL CHANGES WERE MADE IN THE RULES. REFERRED TO THE CLUBS FOR APPROVAL ADDITIONAL CHANGES WILL BE VOTED ON AT THE MAY COUNCIL MEETING SCHEDULED FOR CASA GRANDE.

THE HOMEMAKERS COUNTY COUNCIL MEETING WAS HELD ON MAY 21 IN THE CONFERENCE ROOM IN CASA GRANDE. TEN MEMBERS ATTENDED THE BUSINESS MEETING. IN THE ABSENCE OF BOTH THE PRESIDENT AND VICE PRESIDENT, MISS JEAN M. STEWART APPOINTED MRS. DOROTHY DEIFENBAUGH, SECRETARY-TREASURER, TO PRESIDE. THE REVISED "RULES OF ORDER" WERE APPROVED.

DURING THE SUMMER MOST OF THE CLUBS DID NOT HOLD REGULAR MEETINGS. INSTEAD OF REGULAR MEETINGS THEY WOULD HAVE PICNICS, RECREATIONAL ACTIVITIES, AND OCCASIONAL WORK MEETINGS, SUCH AS THE CASA GRANDE AFTERNOON GROUP WHICH WORKED ON BEGINNING SEWING.

HOUSE AND SURROUNDINGS

WORKING WITH OUR ASSISTANT COUNTY AGENT W. K. GRIFFITH, MR. HARVEY TATE AND MR. JOSEPH FOLKNER CONDUCTED A DEMONSTRATION ON ARCHITECTURAL LANDSCAPING WITH SPECIAL ATTENTION TO OUTDOOR LIVING SPACE. USING THE NEW RESIDENCE OF MRS. WADSWORTH, ORANGE DRIVE, CASA GRANDE, MR. TATE BORROWED FROM LOCAL NURSERIES VARIETIES OF PLANTS AND SHRUBBERY GROWN TO ADVANTAGE IN VARIOUS PARTS OF PINAL COUNTY. KNOWING WHAT PLANT TO CHOOSE IS BASIC TO SATISFACTORY LANDSCAPING.

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FOLLOWING MR. TATE'S DEMONSTRATION, MR. FOLKNER, USING THE WADSWORTH LOT AND HOME AS EXAMPLE, DEVELOPED BLACKBOARD SKETCHES SHOWING SEVERAL EFFECTIVE LANDSCAPING ARRANGEMENTS BOTH FOR THE FRONTYARD AND AN ENCLOSED PATIO.

HOMEMAKERS FROM CASA GRANDE AFTERNOON CLUB, CASA GRANDE EVENING CLUB, SUN VALLEY AND SUPERIOR ATTENDED. THE DEMONSTRATION WAS PUBLICIZED IN ALL COUNTY PAPERS WITH ARTICLES AND A PICTURE OF THE HOME BEFORE PLANTING. IT IS HOPED TO FOLLOW THIS DEMONSTRATION UP WITH A RETURN VISIT TO CHECK RESULTS.

A COPY OF THE ATTACHED QUESTIONNAIRE WAS MAILED TO THE PRESIDENT OF EACH PARTICIPATING CLUB. LEARNING AND PRACTICE MOTIVATED BY THIS SPECIAL INTEREST MEETING WILL BE SUMMARIZED IN A LATER REPORT. (OUTLINE PREVIOUSLY INCLUDED IN NARRATIVE OF LEROY.)

AT THE END OF THE YEAR ABOUT TWELVE HOMES HAVE BEEN REVISITED BY THE AGENT AND THE COUNTY AGENT AND HAVE SHOWN IMPROVEMENT. IT IS SUGGESTED THAT A YARD TOUR BE HELD AS AN INTEREST AROUSER FOR ADDITIONAL WORK IN YARD BEAUTIFICATION. LIKEWISE, THE INTEREST WAS KEEN ENOUGH SO THAT A PROJECT IN 1958 WILL BE ON "CARE AND SELECTION OF HOUSE PLANTS" FOR THE HOME-MAKER CLUBS.

HOME MANAGEMENT

CASA GRANDE EVENING CLUB HELD A COMBINED PROGRAM PLANNING AND DEMONSTRATION MEETING. AT REQUEST OF MEMBERS, MRS. BETTY COBB AND MRS. CARMEN TAYLOR GAVE A HOME MANAGEMENT DEMONSTRATION ON "LAUNDRY TIPS" WHICH WAS ORIGINALLY PRESENTED BY MISS RYAN IN 1954. THESE TWO LEADERS HAVE COMPLETE FILES ON EVERY LEADER TRAINING MEETING EITHER HAS ATTENDED. THEIR DEMONSTRATION COVERED USE OF CHEMICAL WATER SOFTENERS, COMPARATIVE COST DISCUSSION ON USE OF SOFTENED WATER RELATED TO COST OF SOAPS, TESTS FOR ALKALINITY OF SOAPS AND TEST OF WATER FOR DEGREE OF HARDNESS. EACH MEMBER BROUGHT A SAMPLE OF HER HOME WATER TO TEST FOR HARDNESS.

THE MONEY MANAGEMENT CONFERENCE HELD AT THE UNIVERSITY OF ARIZONA ON MAY 14-17 WAS MOST INSTRUCTIVE AND VERY ENJOYABLE. BESIDES LOCAL AUTHORITIES ON THE SUBJECT, THE MAIN SPEAKERS WERE DR. STARLEY M. HUNTER FROM WASHINGTON, D.C. AND MRS. MARIAN STEVENS EBERLY OF THE INSTITUTE OF LIFE INSURANCE.

THEY TOLD YOU THAT YOU CANNOT GET AWAY FROM MANAGEMENT. YOU HAVE TO MANAGE EVERY DAY. MANAGEMENT IS USING WHAT YOU HAVE TO THE BEST POSSIBLE ADVANTAGE SO AS TO GET THE MOST OF WHAT YOU WANT. ANYTHING YOU LEARN ABOUT MANAGEMENT IS YOURS TO KEEP.

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EVERYBODY HAS JUST (1) THREE THINGS TO SPEND: (A) TIME, (B) ENERGY, AND (C) MONEY, -- SPEND THEM AND THEY ARE GONE; (2) TWO THINGS TO CULTIVATE: (A) KNOWLEDGE, AND (B) SKILL OR THE POWER TO PERFORM -- THE MORE YOU USE THEM THE GREATER THEY BECOME; AND (3) ONE THING TO CHANGE: (A) ATTITUDE. CHANGE IS NORMAL SO YOU MUST STAY FLEXIBLE ENOUGH TO MEET CHANGES.

OUR PRESENT DAY ECONOMY IS BUILT ON CREDIT, BUT YOU MUST BE CAREFUL HOW YOU USE IT.

THE MANAGEMENT PROCESS CONSISTS OF (1) EVALUATION OF RESOURCES: (A) TIME, ENERGY, AND MONEY, (B) KNOWLEDGE AND SKILL, AND (C) ATTITUDE, (2) SET UP ALTERNATIVES, (3) MAKE THE DECISION, (4) CARRY OUT DECISION, AND (5) ASSUME THE RESPONSIBILITY. THE EXTENSION WORKER CAN HELP WITH (1), (2), AND (4), BUT THE FAMILY OR INDIVIDUAL MUST DO (3) AND (5).

THE IMPORTANCE OF THE JOB DETERMINES THE AMOUNT OF TIME YOU CAN PUT INTO MANAGEMENT. EXTREME PRESSURE AND POOR TIMING RESULT IN CONFUSION. A REALLY GOOD PLAN IS ONE THAT CAN BE ADAPTED TO CHANGE - USING MENTAL PROCESS TO SAVE TIME AND ENERGY.

FURTHER HOME MANAGEMENT WORK WILL BE ON "CARE OF HARD SURFACE FLOORS" AS PLANNED FOR JANUARY OF 1958.

HOME FURNISHINGS

MANY REQUESTS WERE MADE TO THE AGENT ON SELECTION OF EQUIPMENT, FURNISHINGS AND COLOR PLANNING. THESE WERE INDIVIDUALS AND WERE GIVEN THE HELP. LIKEWISE, A FEW REQUESTS ON REMODELING OF HOMES WITH PRIMARY INTEREST IN THE KITCHEN. THE MAIN ACTIVITY OF HOME FURNISHINGS FOR THIS YEAR IS THE "ACCESSORIES FOR YOUR HOME". THIS IS THE NOVEMBER SUBJECT MATTER AND REPORTS OF THIS PROJECT HAVE NOT BEEN RECEIVED FROM THE PROJECT LEADERS. IT WAS AN ENTHUSIASTIC GROUP OF PROJECT LEADERS THAT ATTENDED THE TRAINING MEETING.

HEALTH

TWO LEADER TRAINING MEETINGS IN THE COUNTY ON "FIRST AID IN EVENT OF EMERGENCY," WERE CONDUCTED BY MR. E. M. PEDERSON, PINAL COUNTY CIVIL DEFENSE OFFICIAL. THE FIRST MEETING WAS HELD IN CASA GRANDE. LEADERS FROM ELOY, CASA GRANDE EVENING CLUB, CASA GRANDE AFTERNOON CLUB AND SUN VALLEY ATTENDED. ONE INTERESTED CASA GRANDE HOMEMAKER AND ONE REPRESENTATIVE OF CASA GRANDE WOMEN'S CLUB CAME. BACKGROUND OF CIVIL DEFENSE, ATOMIC FALL-OUT, AND CIVIL DEFENSE HOME PROTECTION MEASURES WERE DISCUSSED.

IN ROUND-TABLE DISCUSSION, THE LEADERS DECIDED AS HOMEMAKERS THERE WERE STEPS WHICH THEY COULD TAKE AND URGE OTHERS TO TAKE.

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1. STORE AN ADEQUATE FOOD AND WATER SUPPLY.
2. SET UP AN EMERGENCY CENTER WITH ESSENTIAL SUPPLIES AS OUTLINED BY CIVIL DEFENSE.
3. SET UP A MEDICAL KIT.
4. TAKE SOME SIMPLE FIRST AID AND HOME NURSING.
5. REMOVE ALL HOME FIRE HAZARDS.

THIS LESSON WAS CONDUCTED IN SUPERIOR AT THE MAGMA CLUB. KNOWING LEADER ATTENDANCE WOULD BE LIMITED, THE TOTAL CLUB MEMBERSHIP OF RAY AND SUPERIOR WAS INVITED. FOURTEEN SUPERIOR AND FOUR RAY HOMEMAKERS ATTENDED. THE SAME INFORMATION WAS PRESENTED BY MR. PEDERSON. TO SHOW THE MOVIE ON THE ATOMIC EXPLOSION AT YUCCA FLAT IN 1953, "OPERATION O," THE MEETING HAD TO RECONVENE AT THE AMERICAN LEGION HALL. MOST OF SUPERIOR IS STILL 25 CYCLE RATHER THAN 60 CYCLE AND THE SMALL MUSICAL INSTRUMENT TRANSFORMER AT THE MAGMA CLUB WOULD NOT CARRY THE MOVIE PROJECTOR. THE SUPERIOR HOMEMAKERS WERE PARTICULARLY INTERESTED IN THIS MOVIE WHICH SHOWS THE EFFECT OF AN ATOMIC EXPLOSION UPON HOME CONSTRUCTION, HOME FURNISHINGS, AND FOOD SUPPLIES. THESE HOMEMAKERS ALSO PLANNED AS A MATTER OF GOOD HOMEMAKING TO FOLLOW THE POINTS OUTLINED AS GOOD HOME PROTECTION MEASURES.

MENTAL HEALTH WAS EMPHASIZED IN OCTOBER ALTHOUGH IT IS A YEAR ROUND PROJECT. THE MENTAL HEALTH PROGRAM FOR THIS YEAR WAS THE SECOND UNIT OF THREE PLANNED WITH THE ASSISTANCE OF DR. BECK, OF THE STATE DEPARTMENT OF HEALTH, MENTAL HEALTH DIRECTOR. THIS SECOND UNIT DEALT WITH THE FAMILY. A SUMMARY OF THE MEETINGS TAKEN BY SUMMARY FROM THE END OF THE MEETING EVALUATION SHEETS SHOWED GENERAL ENTHUSIASM AND INTEREST IN THE SUBJECT, BUT WITH THE REQUEST THAT MORE TIME BE PLANNED FOR DISCUSSION. SIXTY-ONE OF THE MEETING EVALUATION SHEETS WERE RETURNED. THE HOME AGENT PRESENTED THESE MEETINGS BUT CLUB ATTENDANCE WAS LOW DUE TO ILLNESSES THROUGHOUT THE COUNTY.

CLOTHING

SIX LEADER TRAINING MEETINGS, THREE AT 11-MILE CORNER 4-H CAFETERIA AND ONE EACH IN MAMMOTH, SAN MANUEL, AND RAY, WERE CONDUCTED ON "BASIC CLOTHING CONSTRUCTION." SIXTY-THREE CLOTHING LEADERS ATTENDED. HOMEMAKER LEADERS AT THE 11-MILE CORNER MEETINGS CAME FROM CASA GRANDE AFTERNOON CLUB, CASA GRANDE EVENING CLUB, ELOY, KENILWORTH, SUN VALLEY, AND SUPERIOR. THE 4-H CLOTHING LEADER FROM RANDOLPH AND ELOY CAME. IN THE EASTERN COUNTY MEETINGS, MAMMOTH, SAN MANUEL AND RAY WERE REPRESENTED. LESSONS WERE PREPARED TO MEET THE NEEDS OF A BEGINNER IN SEWING. TO BEST TEACH THE TECHNIQUES EVERY BEGINNER SHOULD KNOW, IT WAS DECIDED A SKIRT AND BLOUSE WOULD BE CONSTRUCTED. INSTRUCTION WAS BASED ON INFORMATION AND TECHNIQUES EXPLAINED IN C 236, "THE YOUNG HOMEMAKER LEARNS EASY SEWING SKILLS".

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THROUGHOUT LESSON, LEADERS WERE PARTICULARLY REFERRED TO WRITTEN INSTRUCTIONS IN THIS BULLETIN, "THE YOUNG HOMEMAKER LEARNS EASY SEWING SKILLS." INASMUCH AS ONE OF THE MOST DIFFICULT PROBLEMS ENCOUNTERED BY BEGINNERS IS LEARNING TO READ AND FOLLOW A PATTERN GUIDE, LEADERS WERE URGED TO EMPHASIZE TO THEIR MEMBERS THE USE OF "EASY SEWING SKILLS" AS A SOURCE OF INSTRUCTION ON TECHNIQUES INADEQUATELY EXPLAINED BY THE PATTERN GUIDE. THE BULLETINS, "THE YOUNG HOMEMAKER LEARNS EASY SEWING SKILLS," "STAY STITCHING MAKES SEWING EASIER," AND "KNOW YOUR PATTERN SIZE," WERE GIVEN TO EACH LEADER IN SUFFICIENT QUANTITY FOR EVERY WOMAN PARTICIPATING IN HER WORKSHOP. IN TRAINING, LEADERS USED THESE BULLETINS PLUS FARMER'S BULLETINS No. 1968, "PATTERN ALTERATION," "SEWING MACHINE CLEANING" AND "ADJUSTING AND FITTING DRESSES." LESSONS WERE TAUGHT ON WORKSHOP BASIS WITH BOTH LEADERS CONCENTRATING ON THE MAKING OF ONE BLOUSE AND SKIRT. THE OTHER BLOUSE AND SKIRT ARE TO BE USED FOR DEMONSTRATION OF TECHNIQUES IN THE CLUB WORKSHOPS.

MUCH OF THESE LESSONS WERE REVIEW FOR THE LEADERS. YET, COMMENTS AND QUESTIONS INDICATED ALL LEADERS FOUND SOME PART OF EACH DEMONSTRATION NEW. ELICITING A GREAT DEAL OF INTEREST WERE MEASURING FOR AND DISCUSSION ON THE NEW PATTERN SIZES. INSERTING A GUSSET RANKED AS ONE OF THE TECHNIQUES UNKNOWN TO THE MAJORITY OF LEADERS. INTERFACING OF COLLARS AND BLOUSE FRONT WERE NEW TO MANY. WITH THE EXCEPTION OF KENILWORTH, ALL LEADERS EXPECT TO CONDUCT THIS LESSON AS A WORKSHOP. SUPERIOR, SAN MANULE, MAMMOTH AND CASA GRANDE EVENING CLUB HAVE INVITED YOUNG HOMEMAKERS TO TAKE THESE LESSONS.

THE BEGINNING BASIC SEWING WORKSHOPS HAVE BEEN CONTINUED AND REQUESTS THAT THEY BE CONTINUED NEXT YEAR, BUT NOT AS A REGULAR MONTHLY SUBJECT MATTER, BUT RATHER AS A SPECIAL INTEREST MEETINGS CONDUCTED BY THE PROJECT LEADERS ASSISTED BY THE AGENT.

FOODS AND NUTRITION

MISS JUNE GIBBS, STATE NUTRITIONIST, CONDUCTED LEADER TRAINING MEETINGS ON "SHORT NOTICE MEALS FROM THE FREEZER" IN CASA GRANDE ON MAY 8TH AND IN SUPERIOR ON MAY 9TH. SHE WAS ASSISTED IN HER PREPARATION AND PRESENTATION BY MISS EDNA WEIGEN. THE CLUB MEMBERS WERE DELIGHTED WITH THE RESULTS AND REQUESTED MORE INFORMATION ABOUT FREEZER MEALS. A BULLETIN IS ENCLOSED. (BULLETIN PREVIOUSLY INCLUDED IN MRS. WHITE'S NARRATIVE.)

"WHOLE GRAIN YEAST BREADS" WAS BY FAR THE MOST POPULAR FOODS AND NUTRITION TOPIC THIS YEAR. THE LEADERS WERE TRAINED BY THE AGENT AND THEN CONDUCTED THEIR OWN WORK SHOP MEETINGS. THE METHODS OF MAKING BREADS WERE SIMPLIFIED AND MADE AS EASY TO DO AS POSSIBLE. THE SUCCESS OF THIS TOPIC HAS BEEN SHOWN NOT ONLY BY THE FOUR CLUB DISPLAYS ON THE TOPIC AT ACHIEVEMENT DAY, BUT ALSO BY THE DEMAND FOR BULLETINS AND THE MANY REQUESTS RECEIVED BY THE PHONE AND OFFICE CALLS. A COPY OF THE LEADER TRAINING MEETING AND A BULLETIN IS ATTACHED. THIS MEETING IS BEING FOLLOWED UP BY A SPECIAL INTEREST MEETING ON "FESTIVE AND FANCY YEAST BREADS" IN DECEMBER. THEY HAD REQUESTED IT AS ONE MEETING, BUT NATURALLY FOUND IT WAS TOO MUCH AND SO TWO MEETINGS WERE HELD.

COOPERATIVE EXTENSION WORK
IN
AGRICULTURE AND HOME ECONOMICS
STATE OF ARIZONA
CASA GRANDE
SEPTEMBER, 1957

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ELOISE L. KELLER
PINAL COUNTY
JULY 1, 1957 TO
NOVEMBER 30, 1957

UNIVERSITY OF ARIZONA
COLLEGE OF AGRICULTURE
U. S. DEPARTMENT OF AGRICULTURE
AND PINAL COUNTY COOPERATING

AGRICULTURAL EXTENSION SERVICE
HOME DEMONSTRATION WORK
COUNTY AGENT WORK

WHOLE GRAIN AND POTATO BREADS USING YEAST

LEADERS' GUIDE

THIS LEADERS' GUIDE IS TO HELP YOU ORGANIZE YOUR DEMONSTRATION AND PRESENT IT TO YOUR GROUP. FAMILIARIZE YOURSELF WITH THE SUBJECT MATTER TO BE EMPHASIZED AND SHOW AND TELL. DO NOT READ FROM THIS. IT IS A GUIDE AND SUGGESTIONS FOR YOU AS LEADER. YOU WILL GIVE YOUR AUDIENCE THE OTHER LEAFLET ON BREAD.

OBJECTIVES OF THE LESSON:

1. TO STIMULATE INTEREST IN BAKING BREADS.
2. TO DEVELOP SKILLS AND TECHNIQUES.
3. TO INCREASE KNOWLEDGE OF NUTRITIVE VALUE OF BREADS AND PLACE IN THE DIET.
4. TO RECOGNIZE THE LARGE VARIETY OF BREADS AND WAYS TO SERVE AND USE.
5. TO HAVE A COLLECTION OF RELIABLE, TIMESAVING BREAD RECIPES.

ADVANCE PREPARATION FOR LEADERS: PRACTICE AT HOME, TO GIVE YOU ASSURANCE OF YOUR SKILLS. FAMILIARITY WILL GIVE YOU POISE AND SELF-CONFIDENCE. IT IS SUGGESTED YOU MAKE A SAMPLE OR TWO OF THE WHOLE GRAIN BREADS AND HAVE READY TO SHOW AND TO SAMPLE. THESE WILL ALSO BE USED TO SHOW JUDGING OR SCORING YOUR BREAD. THESE MAYBE MADE EARLIER AND FROZEN. HAVE IN ADDITION TO THE BAKED OR COMPLETED PRODUCTS, ANOTHER BATCH AT THE STAGE READY TO SHAPE INTO LOAVES, AND THEN THE INGREDIENTS TO SHOW MIXING AND KNEADING AT THE MEETING. PREPARE POTATOES.

AT MEETING: ARRANGE INGREDIENTS, SUPPLIES, UTENSILS, AND EQUIPMENT. HANG CHART.

SHOW WHAT TO DO	EXPLAIN HOW AND WHY YOU DO IT
1. MAKING YEAST BREADS IS EASY. VARIETY POSSIBLE.	FUN TO DO. TAKES CARE OF ITSELF. ADDS INTEREST TO MEALS.
2. DISCUSS METHOD TO BE USED - STRAIGHT DOUGH METHOD. SOME OF OTHERS ARE SPONGE, BATTER OR NO-KNEAD BREADS.	TIMESAVING, PRESENT INGREDIENTS MILLED FINER AND LESS PREPARATION TIME REQUIRED. FEWER DISHES. STEPS: MIXING, FIRST RISING, PUNCHING DOWN, SECOND RISING, DIVIDING, MOLDING, RISING IN PANS, BAKING, AND STORING.

ELK:WU
25 c.
9/5/57

- 2 -

3. DISCUSS INGREDIENTS, UTENSILS, AND EQUIPMENT.
 4. USE OF POTATOES.
 5. SCALD MILK; STIR IN SUGAR, SALT AND SHORTENING. COOL MIXTURE TO LUKEWARM.
 6. DISSOLVE YEAST. USE ACTIVE DRY AND COMPRESSED YEAST, IF AVAILABLE, TO SHOW DIFFERENCE IN WATER TEMPERATURES AND DISSOLVING.
 7. COMBINE MILK MIXTURE WITH DISSOLVED YEAST.
 8. ADD SIFTED FLOUR TO LIQUID MIXTURE TO FORM DOUGH.
 9. KNEAD DOUGH. PLACE DOUGH IN GREASED BOWL.
- AFTER KNEADING, PUT BREAD TO RISE. SHOW SHAPING.
10. DISPLAY UNRAISED DOUGH AND RAISED DOUGH PREPARED IN ADVANCE. SHOW DIFFERENCES IN BULK.
 11. COVER AND SET UNRAISED DOUGH TO BOWL RISE. NOTE TIME TO TEST FOR DOUBLE IN BULK.
 12. SHOW FINGER TEST WITH RAISED DOUGH.
 13. PUNCH DOWN DOUGH. DIVIDE DOUGH WITH SHARP KNIFE AND GIVE EACH MEMBER A SMALL PIECE.

WHY EACH IMPORTANT. FACTS ABOUT EACH.

HOW, WHY, WHEN USED.

DISCUSS IMPORTANCE OF TEMPERATURE TESTS AND CONTROL IN MIXING YEAST DOUGHS.

DISCUSS WATER TEMPERATURE IN DISSOLVING YEAST. EXPLAIN THE EQUIVALENTS IN YEAST; POINT OUT THAT WATER REPLACES THAT LOST IN DRYING.

REVIEW FUNCTION OF EACH INGREDIENT.

DISCUSS DIFFERENCES BETWEEN DOUGHS AND BATTERS.

EXPLAIN KNEADING, FLOUR ON BOARD, BEST TECHNIQUES, RESULTS FROM UNDER- AND OVER-KNEADING, AND HOW TO JUDGE WHEN DOUGH IS READY TO BOWL RISE. DISCUSS SIGNIFICANCE OF DOUBLED IN BULK.

TAKE PREVIOUSLY PREPARED DOUGH AND

EMPHASIZE BEST CONDITIONS FOR RISING AND HOW TO MAINTAIN THEM.

EXPLAIN FINGER TEST.

DISCUSS WHAT THE PUNCH DOWN DOES. POINT OUT IMPORTANCE OF SHARP KNIFE IN DIVIDING DOUGH.

AFTER SHAPING AND IN PANS, SET ASIDE AND TAKE BAKED LOAVES. DEMONSTRATE AND SHOW SCORING YOUR BREAD.

AFTER SCORING OR JUDGING YOUR BREAD YOU CAN SERVE SAMPLES OR USE WITH OR FOR REFRESHMENTS.

OTHER NOTES FOR LEADERS —

IDEAL TEMPERATURE FOR RISING BREAD IS 80° F. TO 90° F.

KNEADING:

FOLD THE DOUGH TOWARD YOU.

SLIP IT 1/4TH OF THE WAY AROUND EACH TIME YOU FOLD IT TOWARD YOU.

KEEP FINGERS CUPPED. PRESS DOWN GENTLY WITH THE HEEL OF THE PALMS. DO NOT PRESS HARD.

USE THE LEAST AMOUNT OF FLOUR POSSIBLE TO SPRINKLE ON BOARD OR TO RUB ON HANDS TO KEEP DOUGH FROM STICKING WHILE YOU KNEAD.

KNEAD LIGHTLY AND EVENLY UNTIL DOUGH IS SMOOTH AND ELASTIC.

WHEN SMALL BLISTERS SHOW BENEATH THE SURFACE OF THE DOUGH, ROUND DOUGH INTO A BALL.

TREAT KNEADED DOUGH THIS WAY.

HAVE BOWL SLIGHTLY WARM BUT NOT HOT.

WITH PIECE OF WAXED PAPER, RUB A LITTLE OIL OR BUTTER IN BOWL. GREASE WELL UP ON INSIDE OF BOWL.

PLACE BALL OF KNEADED DOUGH IN BOWL. THEN TURN DOUGH OVER TO GREASE IT ON THE OTHER SIDE.

KEEP WARM IF WEATHER IS COOL.

COVER BOWL OF DOUGH WITH WARMED PLATE OR LID OF ENAMEL OR EARTHENWARE, OR WITH WAXED PAPER. SET IN PAN OF WARM WATER OF ABOUT 90° F.

KEEP COOL IF WEATHER IS HOT, OVER 85° F.

COVER BOWL CONTAINING DOUGH WITH CLOTH, DAMPENED SLIGHTLY. SET IN PAN OF WATER SLIGHTLY UNDER 85° F.

LET RISE.

PLACE OUT OF DRAFT. LET RISE UNTIL LIGHT, BUT NOT QUITE LARGE ENOUGH FOR IT TO HAVE DOUBLED ITS BULK.

YOU MAY WANT TO USE THE TOUCH-OF-THE-FINGER TEST.

AS SOON AS A DENT BARELY REMAINS, THE DOUGH IS READY TO MOLD. DON'T LET IT GET OVERLIGHT.

GET READY TO MOLD.

GREASE BREAD PAN, LIGHTLY.

WASH HANDS.

TURN DOUGH ONTO BOARD, WITHOUT PUTTING ANY FLOUR ON THE BOARD. THIS TIME, YOU SHOULD NOT NEED ANY FLOUR.

FILL ONE TEASPOON WITH FLOUR AND KEEP IT IN RESERVE AT ONE END OF THE BOARD, BUT DON'T USE MORE THAN THIS DURING THE MOLDING.

ELOISE L. KELLER
PINAL COUNTY
JULY 1, 1957 TO
NOVEMBER 30, 1957

YOUR DOUGH WILL MAKE
A LOAF OR ROLLS OR,
IF YOU MADE DOUGH ENOUGH FOR 2 LOAVES,
A LOAF AND ROLLS, OR 2 LOAVES.

MOLDING A LOAF:

IF YOU ARE MAKING 2 LOAVES CUT THE DOUGH IN HALF WITH
A KNIFE. ROUND EACH HALF INTO A BALL. BARELY DAMPEN
A CLEAN TOWEL WITH WARM WATER AND COVER DOUGH. LET
IT REST FOR 10 MINUTES. WORK WITH BALL OF DOUGH UN-
TIL ANY LARGE GAS BUBBLES ARE BROKEN. FLATTEN DOUGH
FOR A LOAF GENTLY INTO A RECTANGULAR SHAPE, AS WIDE
AS THE BREAD PAN IS LONG AND ABOUT 10 INCHES LONG.

START AT THE TOP OF THE DOUGH AND ROLL IT FIRMLY TOWARD
YOU, BUT WITHOUT STRETCHING IT, UNTIL LOAF IS FORMED.

PLACE LOAF, SMOOTH SIDE UP, IN BREAD PAN.

LET RISE THE SECOND TIME.

GREASE VERY LIGHTLY THE ENTIRE SURFACE OF THE LOAF.
COVER PAN WITH SLIGHTLY DAMPENED CLOTH.

SET IN WARM PLACE (82° TO 86° F.) AWAY FROM DRAFTS.
LET RISE UNTIL IT IS LIGHT BUT NOT UNTIL IT HAS
QUITE DOUBLED IN SIZE. AGAIN YOU MAY WANT TO
TRY THE TOUCH-OF-THE-FINGER TEST.

BAKE

TURN OVEN ON AND SET AT 400° F.
START TO BAKE DOUGH AT 400° F. AT THE END OF 15 OR
20 MINUTES LOWER HEAT TO 375° F.
IF YOU ARE USING A GLASS BAKING PAN, BAKE AT A
SLIGHTLY LOWER HEAT.
IF YOU ARE BAKING MORE THAN 1 LOAF, LEAVE SPACE BE-
TWEEN PANS.
WHEN YOU LOWER THE HEAT, YOU MAY NEED TO LEAVE OVEN
DOOR OPEN ABOUT 1/2 MINUTE.
BAKE FOR 45 MINUTES, OR A LITTLE LONGER. IT MAY
TAKE AN HOUR.

HOW TO TELL WHEN THE LOAF IS DONE

IT SHRINKS FROM THE SIDES OF THE PAN.
TAP THE TOP OF THE LOAF WITH YOUR FINGERS. IT WILL
GIVE A HOLLOW SOUND WHEN DONE.

COOL

REMOVE LOAF FROM PAN. COOL ON RACK, OR PLACE LOAF
ACROSS THE TOP OF THE BREAD PAN.
KEEP OUT OF COOL DRAFT.
DO NOT COVER UNTIL COOL.

STORE

WHEN COOL, STORE IN REFRIGERATOR OR IN A SCALDED
BREAD BOX WHICH IS VENTILATED.

PROJECT LEADERS - BE SURE TO CHECK WITH THE HOMEMAKERS WHERE THE MEETING IS TO BE HELD FOR FACILITIES. PLAN WHAT YOU WILL NEED TO BRING, ETC. DON'T FORGET TOWELS, POT HOLDERS, CAKE RACKS, AS WELL AS CUTTING OR BREAD KNIFE. MAYBE THE HOSTESS CAN USE THE BREADS AS REFRESHMENTS, TALK IT OVER WITH HER.

<u>SCORE YOUR WHOLE GRAIN LOAF</u>		BEST	MY
		SCORE	SCORE
OUTSIDE			
SHAPE			
LOOKS THE SAME ON EACH SIDE, NOT LOPSIDED OR			
CRACKED.....	10		
EVENLY ROUNDED TOP.....	5	15	
CRUST			
IS THE SAME RICH BROWN COLOR ALL OVER, EXCEPT			
SLIGHTLY DARKER ON TOP.....	5		
MEASURES ABOUT 1/8 INCH DEEP.....	5		
CRISP, TENDER, AND SMOOTH, FREE FROM CRACKS			
AND BULGES.....	5	15	
BASE			
EVENLY BROWNEED, SMOOTH.....	10	10	
LIGHTNESS			
LIGHT IN WEIGHT IN PROPORTION TO SIZE.....	10		
(A WHOLE WHEAT LOAF WEIGHS HEAVIER			
THAN WHITE LOAF OF SAME SIZE)		10	
INSIDE			
COLOR			
AN EVEN COLOR, RELATED TO MATERIALS USED.....	10	10	
TEXTURE			
NO HEAVY STREAKS.....	5		
NOT DRY, CRUMBLY, OR DOUGHY.....	5		
CRUMB -- TENDER AND SPRINGY.....	5	15	
GRAIN			
LOOKS FINE AND EVEN.....	10	10	
(NOT COARSE WITH BIG HOLES)			
FLAVOR			
TASTES DELICIOUS AND NUTTY.....	10		
(NOT SOUR OR BITTER)			
HAS INVITING FRAGRANCE.....	5	15	
TOTAL		100	

LEADERS REPORT ON PROJECT:

WHOLE GRAIN YEAST BREADS

COUNTY _____ CLUB _____
DATE _____ LEADERS _____

CHECK (✓) BELOW THE METHOD OR METHODS USED?

1. HOW INFORMATION WAS GIVEN TO OTHERS

1. _____ SHOWED BY DOING 3. _____ HAD OTHERS DO
2. _____ SHOWED BY COMPLE- 4. _____ DISCUSSION ONLY
 _____ TED ARTICLE OR
 _____ ILLUSTRATION ONLY

2. NUMBER OF DAYS YOU (LEADER OR LEADERS) SPENT IN HELPING
WITH THIS UNIT OF WORK _____.

	CLUB MEMBERS	OTHERS
1. HOW MANY WOMEN DID YOU ASSIST IN MAKING WHOLE GRAIN YEAST BREADS?	_____	_____
2. WHAT KINDS AND HOW MANY TIMES DID THEY MAKE?		
WHOLE WHEAT	_____	_____
RYE	_____	_____
CORN	_____	_____
OATMEAL	_____	_____
OTHERS	_____	_____
3. DID THEY LIKE THE LESSON?	_____	_____
4. HAVE THEIR RESULTS BEEN SATISFACTORY	_____	_____

IF COMMENTS RECEIVED OR SUGGESTIONS PLEASE LIST. _____

15
ELOISE L. KELLER
PINAL COUNTY
JULY 1, 1957 TO
NOVEMBER 30, 1957

COOPERATIVE EXTENSION WORK
IN
AGRICULTURE AND HOME ECONOMICS
STATE OF ARIZONA
CASA GRANDE

UNIVERSITY OF ARIZONA
COLLEGE OF AGRICULTURE
U. S. DEPARTMENT OF AGRICULTURE
AND PINAL COUNTY COOPERATING

AGRICULTURAL EXTENSION SERVICE
COUNTY AGENT WORK
HOME AGENT WORK

WHOLE GRAIN YEAST BREADS ARE EASY

BY

ELOISE L. KELLER
PINAL COUNTY
HOME AGENT

GOOD BREAD BEGINS WITH GOOD INGREDIENTS. YEAST BREADS ARE EASY TO MAKE AS MUCH OF THE TIME THEY TAKE CARE OF THEMSELVES. IN ADDITION TO GOOD INGREDIENTS YOU'LL NEED GOOD RECIPES WHICH HAVE BEEN TESTED. THE FOLLOWING ARE SOME FOR YOU TO TRY. ONE WILL ALSO NEED SOME EQUIPMENT. THE BASIC EQUIPMENT NEEDS ARE:

1 LARGE BOWL	STRAIGHT KNIFE OR,
2 BREAD PANS OR CLEAN	SPATULA
#2 OR #2½ CANS	LARGE SPOON
OVEN THERMOMETER (IF	QUART MEASURE
YOUR RANGE OR OVEN	MEASURING CUPS,
DOESN'T HAVE ONE)	LIQUID AND NEST
BREAD BOARD OR PASTRY CLOTH	
MEASURING SPOONS	

AND A RANGE WITH AN OVEN OR OTHER BAKING FACILITIES OR ELECTRIC ROASTER, ETC.

BREAD IS OFTEN CALLED THE STAFF OF LIFE. MAYBE THIS IS DUE TO THE FACT BREAD IS A GOOD SOURCE OF NECESSARY NUTRIENTS. YOU WILL WANT TO USE ENRICHED OR WHOLE-GRAIN FLOURS TO GET B VITAMINS - THIAMINE, RIBOFLAVIN, AND NIACIN, AND MINERALS. ADDITION OF MILK ADDS CALCIUM AND INCREASES THE PROTEIN. CALORIES ARE OFTEN A PROBLEM AND A SLICE OF BREAD IS USUALLY ABOUT 30 CALORIES. BUT WE DO NEED ENERGY FOODS AND THE OTHER VITAMINS AND MINERALS SUPPLIED BY BREAD. BREAD IS A RELATIVELY LOW COST FOOD TOO AND CAN SUPPLEMENT OTHER MORE COSTLY FOODS.

ELK:wu
300 c.
9/6/57

16
ELOISE L. KELLER
PINAL COUNTY
JULY 1, 1957 TO
NOVEMBER 30, 1957

BASIC RECIPE: WHITE LOAF BREAD

1 CUP MILK (PASTEURIZED,* CANNED OR DRY SKIM MILK) OR POTATOES WITH WATER IN WHICH COOKED	1/3 CUP MELTED SHORTENING OR SALAD OIL
3 TABLESPOONS SUGAR	3/4 CUP LUKEWARM WATER
2 1/2 TEASPOONS SALT	2 PACKAGES DRY ACTIVE YEAST
	6 CUPS SIFTED ALL-PURPOSE FLOUR

1. SPRINKLE YEAST OVER LUKEWARM WATER IN A LARGE BOWL. LET STAND 10 MINUTES.
2. HEAT MILK TO WARM. ADD SUGAR, SALT AND SHORTENING.
3. BE SURE MILK MIXTURE IS BARELY WARM, THEN ADD TO YEAST.
4. STIR IN 3 CUPS FLOUR. BEAT UNTIL SMOOTH.
5. ADD 3 OTHER CUPS FLOUR AND STIR TO BLEND.
6. KNEAD ON LIGHTLY FLOURED BOARD UNTIL SMOOTH.
7. PLACE IN GREASED BOWL. GREASE TOP. COVER. LET RISE IN WARM PLACE UNTIL DOUBLE IN BULK (ABOUT 40 MINUTES).
8. PUNCH DOWN. TURN ON BOARD. DIVIDE IN HALF. SHAPE TWO LOAVES. PLACE IN GREASED BREAD PAN.
9. COVER. LET RISE UNTIL MIDDLE OF LOAF IS SLIGHTLY HIGHER THAN EDGE OF PAN (ABOUT 40 MINUTES).
10. BAKE AT 400° F. ABOUT 50 MINUTES.
11. GREASE TOPS WHEN DONE, REMOVE FROM PANS AND COOL ON RACK.

SHAPING LOAF BREAD

1. ROLL OUT
2. FOLD LOAF
3. SEAL EDGES
4. LET RISE UNTIL DOUBLE IN BULK
5. WHEN DONE WILL SOUND HOLLOW

* WATER IF YOU ARE USING DRIED MILK SOLIDS WHICH ARE MIXED WITH THE FLOUR.

VARIATIONS:

FLOURS OR MEALS FROM OTHER GRAINS AND FROM BEANS ARE SOMETIMES USED WITH WHEAT FLOUR. BREAD MADE ENTIRELY FROM RYE FLOUR OR MEAL IS FINE - GRAINED, BUT MOIST AND HEAVY IN COMPARISON WITH WHEAT BREAD. IN THE UNITED STATES WE PREFER THE COMBINATIONS AND A LIGHTER LOAF IS USUALLY PREFERRED. OATMEAL BREAD HAS A COURSER GRAIN. BEAN FLOUR BREADS ARE SLIGHTLY HEAVIER AND DARKER. WHOLE GRAIN FLOURS CAN BE PURCHASED IN SMALL, HANDY SIZES.

WHOLE WHEAT LOAVES

3/4 CUP MILK	1 1/4 CUPS WARM WATER
3 TABLESPOONS SUGAR	3 PACKAGES DRY ACTIVE YEAST
4 TEASPOONS SALT	4 1/2 CUPS UNSIFTED WHOLE
1/3 CUP SHORTENING	WHEAT FLOUR MIXED WITH
1/3 CUP MOLASSES	2 CUPS SIFTED ALL-PURPOSE FLOUR

1. FOLLOW DIRECTIONS FOR MAKING WHITE BREAD. RISING TIME WILL BE SLOWER, BAKING TEMPERATURE AND TIME THE SAME AS FOR WHITE LOAVES.

RYE BREAD

2 1/2 CUPS LUKEWARM WATER	6 CUPS RYE FLOUR (STRAIGHT GRADE) MIX WITH
2 PACKAGES ACTIVE DRY YEAST	2 3/4 CUPS SIFTED ALL-PUR- POSE FLOUR
3 TABLESPOONS SUGAR	1/4 CUP CORNMEAL
5 TEASPOONS SALT	CARAWAY SEEDS (IF DE- SIRE)
2 TABLESPOONS SALAD OIL	

1. SPRINKLE YEAST OVER LUKEWARM WATER IN A LARGE BOWL. LET STAND 10 MINUTES.
2. ADD SUGAR, SALT, SALAD OIL AND CARAWAY SEED.
3. ADD 1/2 THE MIXED FLOUR AND BEAT TO A SMOOTH BATTER. ADD REST OF FLOUR AND MIX WELL.
4. TURN ON LIGHTLY FLOURED BOARD. KNEAD UNTIL SMOOTH. PLACE IN GREASED BOWL, GREASE TOP AND COVER. LET RISE TO DOUBLE IN BULK.
5. PUNCH DOWN, DIVIDE AND MOLD INTO LOAVES POINTED ON EACH END. PLACE ON GREASED BAKING SHEET SPRINKLED WITH CORNMEAL.

6. COVER, LET RISE $1 \frac{3}{4}$ TIMES IN BULK. SLASH IN THREE OR FOUR PLACES ALONG LOAF AND BAKE IN 400° F. OVEN 35-40 MINUTES.
7. PLACE A PAN OF HOT WATER IN OVEN DURING THE BAKING TIME.
8. WHEN DONE, BRUSH LOAVES WITH 1 EGG WHITE MIXED WITH 2 TABLESPOONS WATER. COOL ON A RACK.

OATMEAL BREAD

3 CUPS FINELY GROUND ROLLED OATS	1 TO 2 CAKES COMPRESSED YEAST
2 POUNDS 3 OUNCES (9 CUPS) SIFTED ALL- PURPOSE FLOUR	4 TABLESPOONS SUGAR 4 TEASPOONS SALT
3 $\frac{1}{2}$ CUPS MILK	2 TABLESPOONS FAT

MIX THE ROLLED OATS WITH THE WHITE FLOUR AND PROCEED AS FOR WHITE BREAD (P.2). THESE INGREDIENTS MAKE 4 POUNDS OF BREAD.

OATMEAL BREAD

2 CAKES FLEISCHMANN'S YEAST	3 TABLESPOONS MELTED SHORTE- NING
$\frac{3}{4}$ CUP LUKEWARM WATER	3 TABLESPOONS SUGAR
3 CUPS* THICK COOKED OATMEAL	2 TEASPOONS SALT 7 CUPS SIFTED FLOUR

DISSOLVE YEAST IN LUKEWARM WATER; MIX OATMEAL, SHORTE-
NING, SUGAR AND SALT TOGETHER; ADD YEAST; MIX WELL. ADD
FLOUR, TURN OUT ON FLOURED BOARD AND KNEAD ABOUT 10 TO 15
MINUTES UNTIL ELASTIC. PLACE IN GREASED BOWL, COVER AND
LET RISE IN WARM PLACE, FREE FROM DRAFT, UNTIL DOUBLED IN
BULK, ABOUT 1 HOUR AND 15 MINUTES. SHAPE INTO 3 LOAVES
AND PLACE IN GREASED BREAD PANS; COVER AND LET RISE UNTIL
LIGHT, ABOUT 50 MINUTES. BAKE IN MODERATE OVEN AT 400° F.
ABOUT 1 HOUR. MAKES 3 LOAVES.

*IN COOKING OATMEAL, USE $2 \frac{1}{4}$ CUPS OATMEAL TO $\frac{3}{4}$ CUPS WATER.

CORN — (ANADAMA BREAD OF NEW ENGLAND)

1 $\frac{1}{2}$ CUPS WATER	$\frac{1}{3}$ CUP MOLASSES
1 TEASPOON SALT	$1 \frac{1}{2}$ TABLESPOONS SHORTENING
$\frac{1}{3}$ CUP YELLOW CORN- MEAL	1 CAKE COMPRESSED YEAST
4 TO $4 \frac{1}{4}$ CUPS SIF- TED ALL-PURPOSE FLOUR	$\frac{1}{4}$ CUP LUKEWARM WATER

1. BRING TO BOIL IN SAUCEPAN WATER AND SALT.
2. STIR IN THE CORNMEAL.

3. CORNMEAL MIXTURE SHOULD BE BROUGHT TO BOIL, STIRRING CONSTANTLY. IMMEDIATELY REMOVE FROM HEAT, POUR INTO LARGE BOWL.
4. STIR IN AND COOL TO LUKEWARM THE MOLASSES AND SHORTENING.
5. CRUMBLE THE YEAST INTO THE WATER.
6. BLEND YEAST MIXTURE WITH CORNMEAL MIXTURE.
7. MIX FLOUR IN WITH SPOON, THEN WITH HAND. (THE DOUGH WILL BE STICKY.)
8. KNEAD ON LIGHTLY FLOURED BOARD UNTIL SMOOTH, ELASTIC, AND DOESN'T STICK TO BOARD. PLACE IN GREASED BOWL, TURNING ONCE TO BRING GREASED SIDE UP. COVER AND LET RISE UNTIL DOUBLE IN BULK. (1 1/2 HR.)
9. PUNCH DOWN AND TURN INTO GREASED 9x5x3" LOAF PAN. PAT INTO ROUNDED SHAPE. LET RISE UNTIL DOUBLE (ABOUT 1 HR.).
10. BEFORE BAKING, BRUSH TOP WITH MELTED BUTTER, SPRINKLE WITH A LITTLE CORN MEAL AND SALT. BAKE UNTIL DARK BROWN, IN 375° F. OVEN (QUICK MOD. OVEN), 40-45 MINUTES. MAKES ONE LOAF.

FRUIT AS RAISINS, DATES, PRUNES, OR NUTS MAY BE ADDED TO ANY OF THE ABOVE BREADS. ADD WITH THE LIQUIDS OR BEFORE THE FLOUR AND KNEADING. ONE AND A HALF TO 2 CUPS IS USUAL AMOUNT. INCREASE SUGAR TO 6 TABLESPOONS.

CHEESE BREAD -- ADD 2 CUPS OF GRATED CHEESE, BUT DO NOT INCREASE SUGAR.

PEANUT BUTTER BREAD -- ADD 1 1/2 CUPS PEANUT BUTTER AND INCREASE SUGAR TO 6 TABLESPOONS.

DRY MILK SOLIDS MAY BE INCREASED TO 1 1/2 CUPS OR 6 OUNCES AND MIXED WITH FLOUR.

WHEAT GERM MAY ALSO BE ADDED. USUALLY ABOUT 3 TABLESPOONS FOR EACH LOAF OF BREAD. ADD WITH FLOUR.

USING POTATOES TO KEEP BREAD FROM DRYING OUT SO QUICKLY. ALSO INCREASE FOOD VALUE AS POTATOES ARE GOOD SOURCES OF MINERALS AND VITAMINS. USE 3 OR 4 GOOD SOUND CLEAN POTATOES. PARE VERY THINLY AND CUT INTO SMALL PIECES AND COOK UNTIL TENDER IN BOILING WATER. MASH THE POTATOES IN THE WATER IN WHICH COOKED. ADD ENOUGH COLD WATER TO MAKE 3 CUPS OR THE NECESSARY LIQUID FOR YOUR RECIPE. COOL TO LUKEWARM. PROCEED WITH RECIPE USING POTATO MIXTURE AS LIQUID. YOU MAY WANT TO PUT THE POTATO MIXTURE THROUGH A SIEVE OR STRAINER TO GET OUT THE LUMPS.

STORAGE OF BREAD:

IN HOME FREEZER

COOL THOROUGHLY. WRAP LOAVES IN MOISTURE - VAPOR -
 PROOF WRAPPING. FREEZE AND STORE AT ZERO OR BELOW.

FROZEN BREAD WILL KEEP FOR SIX MONTHS.

IN BREAD BOX

WRAP BREAD IN WAXED PAPER. STORE IN BREAD BOX AT ORD-
 INARY ROOM TEMPERATURE. KEEP BOX CLEAN. WASH AND AIR AT
 FREQUENT INTERVALS.

ON REFRIGERATOR SHELF

THIS IS THE LEAST DESIRABLE METHOD BECAUSE BREAD STALES
 MORE RAPIDLY THAN WHEN STORED IN THE BREAD BOX. HOWEVER,
 IT IS LESS SUBJECT TO MOLD.

#

JUDGING OR SCORING:

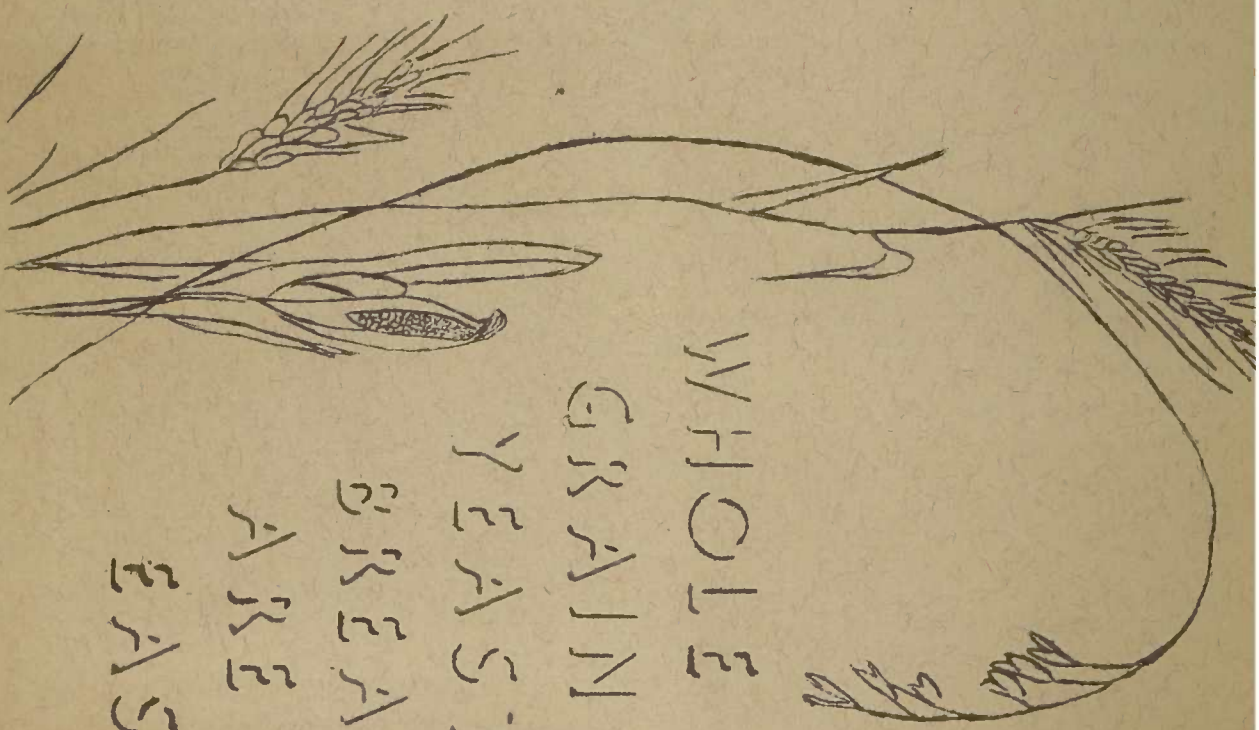
SCORE YOUR WHOLE GRAIN LOAF

	BEST SCORE	My SCORE
OUTSIDE		
SHAPE		
LOOKS THE SAME ON EACH SIDE, NOT LOPSIDED OR CRACKED.....10		
EVENLY ROUNDED TOP..... 5	15	
CRUST		
IS THE SAME RICH BROWN COLOR ALL OVER, EXCEPT SLIGHTLY DARKER ON TOP..... 5		
MEASURES ABOUT 1/8 INCH DEEP..... 5		
CRISP, TENDER, AND SMOOTH, FREE FROM CRACKS AND BULGES..... 5	15	
BASE		
EVENLY BROWNEED, SMOOTH.....10	10	
LIGHTNESS		
LIGHT IN WEIGHT IN PROPORTION TO SIZE.....10		
(A WHOLE WHEAT LOAF WEIGHS HEAVIER THAN WHITE LOAF OF SAME SIZE)	10	

INSIDE		BEST SCORE	MY SCORE
COLOR			
AN EVEN COLOR, RELATED TO MATERIALS USED.....		10	
TEXTURE			
NO HEAVY STREAKS.....		5	
NOT DRY, CRUMBLY, OR DOUGHY.....		5	
CRUMB -- TENDER AND SPRINGY.....		5	
		15	
GRAIN			
LOOKS FINE AND EVEN.....		10	
(NOT COARSE WITH BIG HOLES)		10	
FLAVOR			
TASTES DELICIOUS AND NUTTY.....		10	
(NOT SOUR OR BITTER)			
HAS INVITING FRAGRANCE.....		5	
		15	
TOTAL		100	

BREAD MAKING IS A SKILL AND SO REQUIRES PRACTICE. ONE CANNOT LEARN TO MAKE BREAD BY JUST SEEING A DEMONSTRATION. YOU'LL WANT TO GO HOME AND TRY IT OUT. POINTS YOU'LL WANT TO BE CAREFUL ABOUT ARE TEMPERATURE AND FOODS USED BY YEAST PLANTS TO GROW. THEY CAN BE MADE INACTIVE BY TOO HIGH TEMPERATURES AND TOO MUCH SALT. AS YOUR SKILL IMPROVES YOU'LL WANT TO TRY OTHER BREADS. YOUR COOKBOOKS WILL OFFER OTHERS AS WELL AS SOME OF OUR EXTENSION BULLETINS.

LOISE 22 JUL 1957
ELOISE L. KELLER
PINAL COUNTY
JULY 1, 1957 TO
NOVEMBER 30, 1957



WHOLE
GRAIN
YEAST
BREADS
ARE
EASY

23
ELOISE L. KELLER
PINAL COUNTY
JULY 1, 1957 TO
NOVEMBER 30, 1957

COMMUNITY DEVELOPMENT

ON MARCH 22, THE PINAL COUNTY FAIR BOARD REQUESTED THE PRESENCE OF THE ASSISTANT AGENT AT THEIR MEETING TO ADVISE THEM IN THE SELECTION OF DISPLAY CASES. THEY DECIDED TO PURCHASE GLASS ENCLOSED CASES SUITABLE FOR THE DISPLAY OF FOODS. TWO WERE READY AND USED FOR THE 4-H FAIR. THEY WERE GREATLY APPRECIATED BY ALL CONCERNED.

DURING APRIL, INFORMATION REGARDING THE COUNTRY LIFE CONFERENCE AT THE UNIVERSITY OF ARIZONA WAS GIVEN TO THE WOMEN IN PINAL COUNTY. REGISTRATIONS WERE RECEIVED AND A LIST OF SAME SENT TO THE STATE OFFICE. AN ARTICLE CONCERNING IT WAS WRITTEN AND SENT TO THE NEWSPAPERS.

THE ASSISTANT AGENT WAS ASKED TO APPOINT THE SUPERINTENDENTS FOR THE HOME ECONOMICS DIVISION OF THE EXHIBITS AT THE FIRST PINAL COUNTY FAIR HELD OCTOBER 16-20. WITH THE ASSISTANCE OF MRS. FLOSSIE BARMES, WE SUGGESTED NAMES OF LADIES LOCATED THROUGHOUT THE COUNTY.

IN RESPONSE TO A REQUEST FROM OUR DIRECTOR, A LIST OF THE NAMES OF HOME ECONOMISTS IN PINAL COUNTY WAS SUBMITTED TO BE CONSIDERED AS POSSIBLE JUDGES.

THE ASSISTANT AGENT WROTE OR PARTICIPATED IN SIX RADIO PROGRAMS AND PREPARED FOR PUBLICATION IN THE NEWSPAPER FIFTEEN ARTICLES.

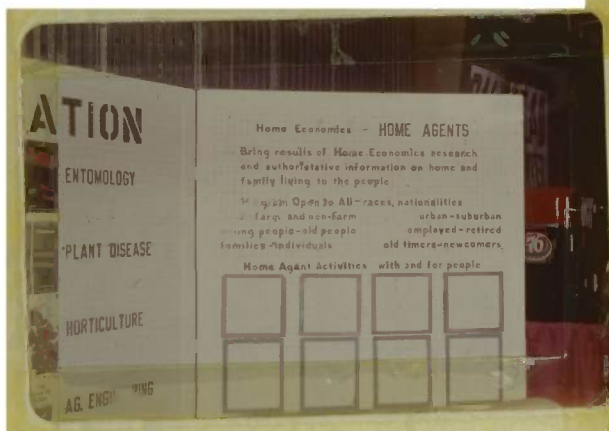
THE FIRST PINAL COUNTY FAIR IN TWENTY YEARS WAS HELD IN OCTOBER, AT THE 4-H FAIRGROUNDS AT ELEVEN MILE CORNER. IT WAS A RELATIVELY GOOD FAIR CONSIDERING THE LONG SPACE OF TIME THAT HAD ELAPSED. THE HOMEMAKERS ASSISTED THE 4-H CLUB LEADERS AND MEMBERS IN OPERATING THE CAFETERIA AGAIN FOR THE FULL SEVEN DAYS. THIS WAS A LARGE UNDERTAKING AND PRESENTED MANY PROBLEMS SOME OF WHICH ARE YET TO BE IRONED OUT. FOR THIS ACTIVITY, A COMMITTEE OF LEADERS WAS APPOINTED BY THE 4-H COUNCIL CHAIRMAN, MRS. PARKS, AND WORKED RELATIVELY WELL RATHER THAN HAVING A ONE PERSON CHAIRMAN. IT IS ANTICIPATED ANOTHER YEAR WHEN THEY ARE MORE FAMILIAR WITH A COMMITTEE ACTIVITY AND FUNCTIONING, IT WILL MAKE FOR MORE EFFICIENT OPERATION. NEARLY \$1,000 WAS CLEARED, WHICH WILL BE PUT BACK INTO THE CAFETERIA AND 4-H IMPROVEMENT IN THE FAIRGROUNDS. CLOSE COOPERATION WITH THE HEALTH DEPARTMENT IN FOLLOWING THE RECOMMENDATIONS OF THE SANITARIANS AIDED IN IMPROVEMENT OF THE CAFETERIA. THE WORK OF THE VOLUNTEER LEADERS OF BOTH 4-H AND HOMEMAKERS AS WELL AS OTHER INTERESTED PEOPLE WAS REMARKABLE AND CERTAINLY IS A CREDIT TO THE COUNTY PEOPLE.

A REGULAR WEEKLY NEWS COLUMN ENTITLED "PINAL HOME AND FAMILY ROUNDUP" HAS BEEN STARTED BY THE AGENT. THIS FOLLOWS THE FORMAT OF THE COUNTY AGENTS' COLUMN. THIS COLUMN HAS BEEN PRIMARILY ONE OF SUBJECT MATTER AND HINTS ON HOMEMAKING AND FAMILY LIFE AND INCLUDING SOME ACTIVITIES OF PEOPLE THROUGHOUT THE COUNTY. IT IS NOT A NEWS OR ACTIVITY COLUMN. IT IS SENT TO THE FIVE COUNTY PAPERS.

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4-H, AGRICULTURE AND HOME AGENT'S
 BOOTH AT THE 1957 PINAL COUNTY
 FAIR IN OCTOBER.



PINAL COUNTY HOMEMAKERS BOOTH
 AT 1957 PINAL COUNTY FAIR IN
 OCTOBER.

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Pinal Home & Family Roundup



Eloise Keller Home Agent

**U of A
 Agricultural Extension Service**

With Thanksgiving over and the first of December here, Christmas is upon us. Time goes so quickly and homemakers are more than busy. You'll be having questions come up, and if your home agent can be of help, please call or visit me.

Activities for December are numerous, but if you are shopping in Casa Grande on Wednesday or Friday for the next three weeks, Holiday Food Demonstrations are being given. Miss Shirley Ryberg, home service advisor for Arizona Public Service, and I are presenting these demonstrations.

One hour, 10:30 to 11:30 a.m. and a repeat, 1:30 to 2:30 p.m. will be presented on various topics: fruit cakes and cookies to store or ship, desserts, breads, quick meals, snacks, etc. Decoration and gift wrapping ideas will also be included.

These are being held at the model kitchen in Stapley's in Casa Grande. If you'd prefer an evening session, please contact either Miss Ryberg or myself and it can be arranged.

Did you know that in fruit cake, fruit should be at least 1½ times the weight of all the other ingredients? Such a proportion will store successfully. Glazed fruits should also be the larger proportion rather than raisins or currants which are lower in sugar content than glazed fruits.

Raisins and currants should be placed in sugar syrup to increase their sugar content and drained before adding to batter. As they are inexpensive, it is practical to use some. Fruit cake is best stored in the refrigerator as it slices more easily into those thin slices you want.

Many Christmas cookies improve with aging or ripening. Some of our cookies from Germany and other European countries are better if made this week and ripened in a crock or wrapped air tight as for freezing, but do not freeze, keep at room temperature.

Some of these are lebkucken, a honey fruit cookie; Pfeferneusse; springerlie, etc. The ripening process softens these cookies which are quite hard when first baked. An orange or apple added to the air tight container adds moisture and speeds up the process. But remember, fruit moulds and should be changed frequently.

COPY OF THE HOME AGENT'S COLUMN APPEARING IN THE FOLLOWING PINAL COUNTY PAPERS: CASA GRANDE DISPATCH, COOLIDGE EXAMINER, ELOY ENTERPRISE, FLORENCE BLADE TRIBUNE, SUPERIOR SUN AND THE SAN MANUEL MINER.

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A DAILY RADIO PROGRAM FROM THE HOME AGENT'S DESK HAS BEEN STARTED OVER STATION KCKY IN COOLIDGE, 1150 K.C. THIS PROGRAM IS AN INFORMAL CHAT WITH THE HOMEMAKERS BASED ENTIRELY ON QUESTIONS ASKED THE HOME AGENT. THE PROGRAM IS A PART OF A PROGRAM ON THE STATION ENTITLED "MOSTLY MUSIC", WHICH RUNS FROM 9 O'CLOCK TILL 10:30 A.M. FOR HOMEMAKERS EACH WEEK DAY MORNING.

INSERVICE TRAINING

PINAL COUNTY WAS SELECTED TO BE HOST TO ONE STUDYING OUR METHODS OF EXTENSION WORK.

MRS. EDITH ANDIA, DIRECTOR OF THE HOME ECONOMIC EXTENSION SERVICE IN BOLIVIA, VISITED IN OUR COUNTY FIVE DAYS. SHE WAS INTERESTED IN OUR METHODS AND PROGRAMS FOR BOTH THE HOMEMAKERS AND THE 4-H CLUBS. THE ASSISTANT HOME AGENT ACCOMPANIED HER TO SEE THE VISUAL AIDS USED BY THE INDIAN SERVICE TO INTEREST THE INDIANS IN EATING THE RIGHT FOODS. SHE SPENT PART OF HER TIME WITH MEMBERS OF THE INDIAN SERVICE. SHE EXPLAINED HER WORK IN BOLIVIA DURING A TAPE RECORDING INTERVIEW FOR RADIO.

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4-H

SITUATION

TO DATE 13 COMMUNITIES LOCATED THROUGHOUT THE COUNTY ARE DOING 4-H HOME ECONOMICS CLUB WORK. THE ORGANIZATIONS IN CASA GRANDE, ELOY, FLORENCE, KENILWORTH, PICACHO, WEST COOLIDGE, CHIU CHIUSCHU OF THE PAPAGO INDIAN RESERVATION, AND SAN TAN, SACATON AND CASA BLANCA OF THE GILA INDIAN RESERVATION ARE COMMUNITY 4-H CLUBS WITH BOYS AND GIRLS ENROLLED IN AGRICULTURE AND HOME ECONOMICS PROJECTS. THE CLUB IN SUPERIOR IS COMPOSED ONLY OF GIRLS DOING HOME ECONOMICS PROJECT WORK. A NEW 4-H HOME ECONOMICS PROJECT CLUB WAS ORGANIZED BY MRS. GERTRUDE WILLIAMS, HOME ECONOMICS INSTRUCTOR AT ARIZONA CHILDREN'S COLONY, RANDOLPH. HER GIRLS ARE SELECTED FROM THOSE SHORTLY TO RETURN TO FAMILY AND COMMUNITY LIFE. LIMITED PARTICIPATION IN THE PINAL COUNTY 4-H CLUB PROGRAM WILL AFFORD THESE GIRLS SOME OPPORTUNITY TO LEARN AND GROW INTO FULL COMMUNITY RESPONSIBILITY.

FOR THE CLUB YEAR 1956-57 HOME ECONOMICS PROJECT ENROLLMENTS AS OF JANUARY 1, 1957, ARE:

CLOTHING	-	195
FOODS	-	88
FOOD PRESERVATION	-	5
ROOM IMPROVEMENT	-	19
JUNIOR LEADERSHIP	-	16

A TOTAL OF 242 GIRLS AND 17 BOYS ARE NOW ENROLLED IN 307 HOME ECONOMICS PROJECTS. FIFTEEN OF THE BOYS ARE PICACHO CLUB MEMBERS AND ARE ENROLLED IN FOODS. FORTY-SEVEN WOMEN AS LEADERS ARE CONDUCTING THE 4-H HOME ECONOMICS PROJECT CLUB WORK.

REPORTED PROJECT MEETINGS DURING THIS PERIOD TOTAL 27 WITH AN ATTENDANCE OF 278. THE PRACTICE OF REPORTING PROJECT MEETINGS IS BECOMING RE-ESTABLISHED. THESE FIGURES REPRESENT PROBABLY ONE-THIRD OF THE TOTAL 4-H HOME ECONOMICS PROJECT WORK CONDUCTED BY LEADERS AND 4-H'ERS IN PINAL COUNTY.

THE HOME AGENT ACCOMPANIED THE CLUB AGENT IN ATTENDING MANY OF THE 4-H ACHIEVEMENT PROGRAMS. ON THE WHOLE THESE WERE GOOD AND RECOGNIZED WHAT THE CLUB MEMBERS HAD DONE. HOWEVER, PINAL COUNTY ONLY HAD 49% COMPLETION OF CLUB PROJECTS. INCLUDED IN THESE ACHIEVEMENT PROGRAMS WERE TWO STATE WINNERS IN THE NATIONAL AWARD PROGRAM. SABRA WOODRUFF OF THE WEST COOLIDGE CLUB RECEIVED A WRIST WATCH FOR DAIRY FOODS. THE OTHER WINNER WAS KATHY MCGRATH OF FLORENCE. SHE WON IN POULTRY. SHE RECEIVED A TRIP TO THE CLUB CONGRESS IN CHICAGO. PINAL COUNTY ALSO HAD THE HEALTH WINNING CLUB FOR THE STATE, THIS CLUB WAS THE KENILWORTH FARM AND HOME CLUB.

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ORGANIZATION AND PLANNING

WITH THE BEGINNING OF THE CALENDAR YEAR SCOPE OF 4-H CLUB ACTIVITIES WAS REVIEWED. EVENTS WERE EXPANDED AND CALENDARED INASMUCH AS POSSIBLE TO ACCOMMODATE COUNTY COMMUNITY ACTIVITIES.

THE 4-H PLAN OF WORK FOR 1957 WAS JOINTLY PREPARED BY THE AGENT AND 4-H CLUB AGENT. AGENTS MET WITH MR. GRAHAM WRIGHT, STATE 4-H LEADER, TO DISCUSS STATE PROGRAM AND REGULATIONS WITH SPECIAL APPLICATION TO PINAL COUNTY PROGRAM.

A WEST COOLIDGE 4-H COMMUNITY CLUB MEETING WAS ATTENDED. PROGRAM WAS A TALK AND FILM ON THE GROUND OBSERVER CORP. 4-H MEMBERS CAROL MCWHERTER AND STAN SNITZER GAVE A DEMONSTRATION ON TABLE MANNERS TITLED, "AS OTHERS SEE YOU."

MEETING WITH FLORENCE 4-H'ERS AGENTS HEARD JOHN McGRATH REPORT ON THE WONDERFUL TIME HE HAD TO THE NATIONAL 4-H CONGRESS IN CHICAGO. SLIDES OF THE 1955 DRESS REVUE WERE SHOWN. MEMBERS ENROLLED IN CLOTHING DISCUSSED WITH THE AGENT FEATURES AND CONSTRUCTION TECHNIQUES DESIRED IN 4-H GARMENTS.

THE 4-H CLUB AGENT AND THE AGENT MET WITH LEADERS OF THE CASA GRANDE 4-H CLUB. SUGGESTED CONTACTS WERE FOLLOWED UP BY AGENTS AND LEADERS TO SECURE NEW LEADERS. THE AGENT ATTENDED THE CASA GRANDE 4-H COMMUNITY CLUB MEETING. OFFICERS WERE ELECTED. AS A COMMUNITY PROJECT MEMBERS VOTED TO BEAUTIFY THE 5-POINTS TRIANGLE ON THE PHOENIX, HIGHWAY.

AGENT AND 4-H CLUB AGENT MET WITH MR. POTTS, SUPERINTENDENT SACATON INDIAN SCHOOL AND INDIAN SERVICE HOME ECONOMIST, MRS. PIERCE, TO ACQUAINT MR. POTTS WITH TOTAL COUNTY 4-H PROGRAM.

RULES GOVERNING THE PROPOSED DEMONSTRATION DAY, APRIL 13, WERE WORKED OUT WITH 4-H CLUB AGENT JOHN KELTZ. AGENTS COMPOSED AND MAILED A SCHOLARSHIP LETTER TO ACQUAINT ELIGIBLE 4-H MEMBERS WITH SCHOLARSHIP OPPORTUNITIES. EVERY ELIGIBLE MEMBER WAS URGED TO FILL OUT APPLICATIONS AND RETURN IMMEDIATELY TO THE COUNTY OFFICE.

JUDGING AND DEMONSTRATION SCHOOL

FEBRUARY 2, SATURDAY MORNING, LEADERS AND 4-H MEMBERS FROM CASA GRANDE, ELOY, WEST COOLIDGE, RED ROCK, KENILWORTH, AND PICACHO ATTENDED A JUDGING AND DEMONSTRATION SCHOOL. AN ELECTRICAL DEMONSTRATION, "SETTING IN AN ELECTRICAL OUTLET BOX," WAS GIVEN BY ARTHUR HARTDEGEN OF ELOY. TWO DIFFERENT SCORE CARDS WERE HANDED OUT. EVERYONE VOTED ON THE DEMONSTRATION. AT ITS CONCLUSION GOOD AND BAD POINTS WERE DISCUSSED

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ON PRESENTATION. FACTORS MAKING A GOOD DEMONSTRATION WERE BROUGHT OUT. RATING OF THE DEMONSTRATION ON THE TWO DIFFERENT CARDS WERE COMPARED AND WEIGHTING OF POINTS DISCUSSED. A HOME ECONOMICS DEMONSTRATION, "TAPING A HEM," WAS GIVEN BY SANDRA TAYLOR AND SUSAN HALL OF ELOY. SIMILAR RATING AND DISCUSSION FOLLOWED.

INSTRUCTION ON THE PRINCIPLES OF JUDGING WERE DEMONSTRATED AND DISCUSSED BY 4-H CLUB AGENT, JOHN KELTZ. SELECTION OF POTATOES, A COMMON HOUSEHOLD VEGETABLE, WAS USED TO DEMONSTRATE PRINCIPLES. AFTER DEMONSTRATION ON JUDGING, THE GROUP DIVIDED INTO AGRICULTURE AND HOME ECONOMICS MEMBERS. HOME ECONOMICS MEMBERS PRACTICED JUDGING AND GIVING OF REASONS FOR A DAY'S MENUS.

4-H FAIR PLANNING

MEMBERS OF 4-H FAIR BOARD MET TO PLAN 4-H FAIR AND SET UP COMMITTEES TO PUBLISH THE FAIR BOOK AND PREPARE THE FAIR-GROUNDS. MR. BILL GARRETT OF COOLIDGE WAS ELECTED TO THE BOARD AS SUPERINTENDENT OF BUILDINGS AND GROUNDS AND MRS. DONNA SHERRILL WAS ELECTED SUPERINTENDENT OF THE CAFETERIA. EXECUTIVE COMMITTEE OF THE 4-H LEADERS ASSOCIATION MET TO EVALUATE LAST YEARS FAIR AND PLAN EVENTS AND SCHEDULE FOR 1957. PROPOSED ARRANGEMENTS ON 4-H FAIR EXHIBIT RACKS, BOOTHS, ETC. WERE DISCUSSED.

IN PREPARATION FOR PRINTING OF THE 4-H FAIRBOOK TELEPHONE AND PERSONAL CONTACTS WERE MADE ON 4-H FAIR AWARDS.

AWARDS SECTION OF FAIRBOOK WAS RE-WRITTEN. HOME ECONOMICS CLASS ENTRIES WERE REVIEWED AND CHANGED TO ACCOMMODATE NEW PROJECT REQUIREMENTS.

THE FOLLOWING 4-H FAIR SUPERINTENDENTS WERE SECURED.

CLOTHING	- MRS. R. F. CUNNINGHAM, KENILWORTH 4-H JUNIOR LEADER, BETTY POTTS
FOODS	- MRS. STANLEY SNITZER, WEST COOLIDGE 4-H JUNIOR LEADER, SANDY GILES
ROOM IMPROVEMENT	- MRS. CHRISTINE HANSEN, WEST COOLIDGE 4-H JUNIOR LEADER, SUZANNE HALL
FOODS PRESERVATION	- MRS. ARTHUR HARTDESEN, ELOY 4-H JUNIOR LEADER, SANDY TAYLOR

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TIME WAS SPENT WITH MISS GIBBS, NUTRITION SPECIALIST, COUNTY 4-H CLUB AGENT AND MRS. DONNA SHERRILL TO STUDY POSSIBLE ADDITIONS AND CHANGES TO FACILITATE MAXIMUM USE OF THE 4-H CAFETERIA KITCHEN. MISS GRACE RYAN, HOME MANAGEMENT SPECIALIST, MET WITH MRS. SHERRILL, 4-H CAFETERIA SUPERINTENDENT; MR. BILL GARRETT, 4-H BUILDING AND GROUNDS SUPERINTENDENT; AND AGENTS TO PRESENT 4-H CAFETERIA KITCHEN BLUEPRINT ON EQUIPMENT AND ROUTING ARRANGEMENTS WORKED OUT BY MISS MARY IDELE WOOD AND STAFF OF AGRICULTURAL EXTENSION AND SCHOOL OF HOME ECONOMICS, UNIVERSITY OF ARIZONA. LEADERS ARE MOST APPRECIATIVE OF THE TIME AND EFFORT MEMBERS OF THE STAFF HAVE GIVEN TO HELPING OBTAIN A MORE WORKABLE KITCHEN ARRANGEMENT IN THE 4-H CAFETERIA. LIMITATION OF MONEY AND LABOR WILL NECESSITATE GRADUAL ADOPTION OF RECOMMENDED CHANGES.

THE 4-H CAFETERIA EQUIPMENT AND SUPPLIES WERE INVENTORIED. INCORPORATING MRS. DONNA SHERRILL'S RECOMMENDATIONS, A SCHEDULE OF FOOD AND WORK DONATIONS WAS PLANNED. HELP AND FOOD WILL AGAIN BE SOLICITED FROM 4-H PARENTS AND HOMEMAKER MEMBERS. MRS. DONNA SHERRILL AS 4-H CAFETERIA SUPERINTENDENT WILL SUPERVISE OPERATION OF CAFETERIA DURING FAIR WEEK.

IN ANTICIPATION OF 4-H FAIR NEWSPAPER PUBLICITY, 4-H CLUB AGENT KELTZ AND AGENT TOOK PHOTOS OF BOB HUSSEY, CASA GRANDE 4-H'ER, SHOWING GROWTH OF HIS PIG PROJECT FROM ONE SEARS GILT TWO YEARS AGO TO 16 HUSKY HOGS.

PICTURES OF CARMEN ZEPEDA, SUPERIOR 4-H JUNIOR LEADER AND 4-H NATIONAL TRIP WINNER, AND SUPERIOR 4-H'ERS WERE MADE. THESE PICTURES WILL BE RELEASED AS 4-H FAIR PUBLICITY.

IN PINAL COUNTY THERE ARE THIRTEEN 4-H CLUBS DOING HOME ECONOMICS WORK. THERE ARE 174 ENROLLED IN CLOTHING, 87 IN FOODS, AND 18 IN HOME FURNISHINGS, MAKING A TOTAL OF 279. SOME BOYS ARE ENROLLED IN FOODS.

THE ASSISTANT AGENT WAS PRIVILEGED TO VISIT THE CHILDREN'S COLONY NEAR RANDOLPH AND EXPLAIN THE 4-H CLUB PROGRAM TO A SELECTED GROUP OF GIRLS. FIVE GIRLS FORMED THE RANDOLPH 4-H CLUB WITH MRS. GERTRUDE WILLIAMS, THEIR HOME ECONOMICS INSTRUCTOR, AS LEADER. THE CLUB PROGRAM HAS A SPECIAL MEANING TO THESE GIRLS AS IT GIVES THEM A CONTACT WITH THE OUTSIDE WORLD, AND MAY BE INSTRUMENTAL IN HELPING THEM TO MAKE NORMAL ADJUSTMENTS. FOUR OF THE FIVE GIRLS EXHIBITED SKIRTS AND BLOUSES AT THE FAIR WITH GOOD RESULTS.

THIS WAS ALSO THE FIRST YEAR FOR ANY 4-H CLUB WORK WITH THE PAPAGO INDIANS. UNDER THE LEADERSHIP OF MRS. LILLA MARTIN, THE ENTIRE MEMBERSHIP OF EIGHT GIRLS OF THE CHUI CHIUSCHU CLUB EXHIBITED AT THE FAIR AND COMPLETED THEIR PROJECTS. THE 4-H CLUB WORK OPENS NEW DOORS TO THESE YOUNG PEOPLE.

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AT OUR IN-SERVICE TRAINING IN MARCH, THE THEME WAS "TOOLING UP FOR THE JOB". AS THE NEEDS AND INTERESTS DIFFER SO SHOULD THE PROGRAM OR TOOLS DIFFER. THE AIM OF 4-H THIS YEAR IS "IMPROVING FAMILY AND COMMUNITY LIVING" BY PROGRAMS ADAPTED TO THE SITUATION. THE TWO CLUBS MENTIONED ABOVE ILLUSTRATE THE NEED OF THIS ADAPTION.

VARIOUS FORMS OF ENROLLMENT CARDS WERE DISCUSSED AT IN-SERVICE TRAINING. IT IS NECESSARY FOR EACH COUNTY OFFICE TO HAVE A PERMANENT RECORD OF EACH MEMBER'S YEARS IN 4-H CLUB WORK AND THE PROJECTS EACH YEAR. THERE IS A NEED FOR OFFICER TRAINING AND CORRECT PROCEDURE IN THE CONDUCTING OF 4-H CLUB MEETINGS.

JUNIOR LEADERSHIP SHOULD NOT BE ON THE SAME LEVEL AS ADULT LEADERS AND MUST OPERATE SEPARATELY FROM COUNCIL MEETING. THEY PLAN THEIR OWN PROGRAM BUT NOT THE COUNTY PROGRAM, AND NO COUNTY WORK SHOULD BE DELEGATED TO THEM. THEY MUST EARN THE RIGHT TO BE JUNIOR LEADERS AND IT IS A PLACE FOR PERSONALITY DEVELOPMENT.

DIRECTOR PICKRELL EMPHASIZED THE NEED FOR UNIFORMITY. ALL EXHIBITS MUST MEET 4-H STANDARDS TO BE CALLED A 4-H EXHIBIT AND SHOULD BE EDUCATIONAL. THE MERIT SYSTEM AND THE LIMITING OF NO MORE THAN THREE AWARDS TO ANY CONTESTANT WERE DISCUSSED.

ANNOUNCEMENTS CONCERNING ROUND-UP WERE MADE. NEW REGULATIONS THAT WILL BECOME EFFECTIVE AT THE BEGINNING OF NEW CLUB YEAR, OCTOBER 1, 1957, ARE: "ONCE A JUNIOR HAS WON TOP AWARD, HE OR SHE CAN NOT RE-ENTER AS A JUNIOR BUT CAN COME BACK AS A SENIOR, BUT WHEN ONCE THE TOP WINNER IN DIVISION, CAN NOT RE-ENTER. ALL CONTESTANTS MUST BE ENROLLED IN RELATED SUBJECT AND MUST BE CARRYING PROJECT IN CURRENT YEAR."

MISS HELEN CHURCH SAID THAT OUR REAL RESPONSIBILITY IS THE TRAINING OF LEADERS, AND SUGGESTED THAT THE NAME BE CHANGED TO "METHODS TRAINING" AND THERE BE SHORTER PERIODS HELD MORE OFTEN. ONLY BLUE RIBBON GIRLS SHOULD BE SENT TO ROUND-UP. JUDGING IS DEFINITELY A CONTEST AND REGISTRATION IS NECESSARY. WARDROBE PLANNING INTERESTS OLDER GIRLS AND KEEPS THEM IN 4-H CLUB WORK.

MISS GRACE RYAN AND MRS. SALTER OF ARIZONA STUDIOS CONDUCTED A WORKSHOP IN HOME FURNISHINGS AND ROOM IMPROVEMENT. SOME PARTICULAR OBJECT, SUCH AS A PICTURE OR PATTERNED FABRIC, SHOULD BE USED AS A STARTING POINT. GENERAL PRINCIPLES ARE (1) DO NOT USE EQUAL AMOUNTS OF EQUAL INTENSITY, (2) USE MOST OF LIGHTER VALUE, AND (3) SOMETIMES DILUTE MAIN COLOR. CLOSE HARMONY GIVES RESTFUL RESULTS WHILE EXCITING AND DRAMATIC EFFECTS ARE PRODUCED BY COMPLEMENTARY COLORS USED IN UNEQUAL QUANTITIES.

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MISS JUNE GIBBS EXPLAINED THE KINDS OF FOOD JUDGING RINGS THAT WILL BE USED AT ROUND-UP THIS YEAR. CORRECT EQUIPMENT IS ESSENTIAL AND IT IS NECESSARY TO SET HIGH STANDARDS. CONSIDERING AN ADEQUATE-DIET, TEACH NOTHING LESS THAN THE MAXIMUM.

IN ANTICIPATION OF THE FAIR ACTIVITIES THE 4-H CAFETERIA AT 11-MILE CORNER WAS REMODELED AND A DEFINITE SCHEDULE WAS ARRANGED. EACH HOMEMAKER CLUB AND 4-H CLUB WAS ASSIGNED A CERTAIN NUMBER OF WORKERS AND A CERTAIN AMOUNT OF FOOD FOR A DEFINITE TIME. THIS PROCEDURE WAS WELL RECEIVED AND IT HAS BEEN REQUESTED THAT IT BE CONTINUED.

SPECIAL ASSISTANCE WAS GIVEN WHEREVER REQUESTED IN PREPARATION FOR THE FAIR, ESPECIALLY IN WORKING WITH THE GIRLS IN ADVANCED HOME FURNISHINGS.

DURING THE FAIR, MRS. MADELINE MCCONNICO AND THE SPECIALISTS FROM THE STATE OFFICE EACH CONTRIBUTED ASSISTANCE IN THEIR OWN FIELDS.

DEMONSTRATION DAY WAS SATURDAY, APRIL 13. THERE WERE 16 DEMONSTRATIONS IN FOODS, WITH 20 CONTESTANTS, 22 DEMONSTRATIONS WITH 25 CONTESTANTS IN CLOTHING, AND 1 TEAM DEMONSTRATION IN HOME FURNISHINGS, MAKING A TOTAL OF 39 DEMONSTRATIONS WITH 47 CONTESTANTS. OF THIS NUMBER, THREE INDIVIDUALS AND FOUR TEAMS WERE ELIGIBLE TO GO TO ROUND-UP.

PINAL COUNTY 4-H FAIR WAS HELD AT THE 4-H FAIRGROUNDS AT 11-MILE CORNER ON FRIDAY, APRIL 26 AND SATURDAY, APRIL 27. THE HOME ECONOMICS EXHIBITS WERE RECEIVED ON WEDNESDAY, APRIL 24, AND JUDGED ON THURSDAY, APRIL 25. REGISTRATION FOR ENTRIES NUMBERED 640 BUT ONLY 572 EXHIBITS WERE RECEIVED. THIS SHOWS A NEED OF EARLIER PREPARATION.

CLOTHING

CASA GRANDE ADVANCED CLOTHING PROJECT CLUB WAS VISITED. INDIVIDUAL PROJECTS SELECTED BY THESE GIRLS ARE REPRESENTATIVE OF THE WIDE VARIETY OF CHOICES POSSIBLE AND THE VARIED SKILLS REQUIRED TO COMPLETE AN ADVANCED CLOTHING PROJECT.

MRS. GERTRUDE WILLIAMS, HOME ECONOMICS INSTRUCTOR AT ARIZONA CHILDREN'S COLONY, RANDOLPH, HAS ORGANIZED A 4-H CLOTHING PROJECT CLUB. HER GIRLS ARE SELECTED FROM THOSE SHORTLY TO RETURN TO FAMILY AND COMMUNITY LIFE. LIMITED PARTICIPATION IN THE PINAL COUNTY 4-H CLUB PROGRAM WILL AFFORD THESE GIRLS SOME OPPORTUNITY TO LEARN AND GROW INTO FULL COMMUNITY RESPONSIBILITY.

SPECIAL ASSISTANCE IN TAILORING IS BEING GIVEN TO WEST COOLIDGE AND CASA GRANDE CLOTHING LEADERS WORKING WITH ADVANCED CLOTHING GIRLS.

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THE AGENT ATTENDED TWO ELOY 4-H CLOTHING PROJECT MEETINGS. MRS. BAUER AND HER JUNIOR LEADER, SANDRA TAYLOR, ARE CONCERNED ABOUT WAYS OF STIMULATING AND GETTING CONSISTENT EFFORT FROM THEIR GIRLS. TO SECURE MORE PARENTAL INTEREST AND SUPPORT IT IS PLANNED TO HOLD SOME OF THE MEETINGS IN MEMBERS HOMES.

TO MRS. THOMPSON AND MRS. GLASSON'S GROUP METHOD DEMONSTRATIONS WERE GIVEN ON THE SKIRT PLACKET, LOCK STITCH, HEM AND SKIRT BAND. THE FOUR MOTHER'S PRESENT DISPLAYED AS MUCH ENTHUSIASM AND INTEREST IN THE DEMONSTRATIONS AS THE GIRLS.

4-H SINGER WORKSHOP

TWELVE LEADERS FROM ELOY, SUPERIOR, WEST COOLIDGE, MAMMOTH AND SACATON ATTENDED A PINAL COUNTY SINGER WORKSHOP HELD AT MESA. ON THE WHOLE LEADERS FOUND INSTRUCTION GIVEN ON ADJUSTMENT, CARE AND OPERATION OF THE SEWING MACHINE PERSONALLY INFORMATIVE. MATERIALS TO INSTRUCT 135 4-H GIRLS WERE DISTRIBUTED TO LEADERS AT THIS MEETING.

AS RESULTS OF THIS WORKSHOP THE WEST COOLIDGE CLOTHING LEADER REPORTED THE SINGER WORKSHOP ON CARE AND OPERATION OF SEWING MACHINE VERY BENEFICIAL. AT FIRST SHE FELT THERE WAS SOME DOUBT AS TO WHETHER THE GIRLS WERE GAINING SOMETHING, BUT SHE COMMENTED WHEN SHE HEARD ONE OF THE OLDER GIRLS GREET HER MOTHER, "LOOK, MOTHER, DID YOU KNOW THIS?" THERE WAS NO DOUBT LEFT. AN ELOY CLOTHING LEADER REPORTED HER OLDER GIRLS RECEIVED A GREAT DEAL FROM THIS INSTRUCTION. EACH ONE BORROWED HER INSTRUCTION MANUAL, STUDIED IT AND THEN CLEANED, OILED AND ADJUSTED HER HOME MACHINE.

CLOTHING JUDGING SCHOOL

MISS HELEN CHURCH, CLOTHING SPECIALIST, CONDUCTED A JUDGING SCHOOL FOR PINAL COUNTY 4-H CLOTHING GIRLS IN ELOY. BY PRE-ARRANGEMENT APRONS, SKIRTS, 3RD YEAR DRESSES WERE COLLECTED FROM MEMBERS IN CASA GRANDE AND ELOY. SEWING EQUIPMENT, FURNISHED BY MISS CHURCH, MADE UP THE FOURTH CLASS. JUDGING RINGS WERE SET UP IN THE ASSEMBLY HALL OF ELOY COMMUNITY CENTER THROUGH COURTESY OF MISS WILLINGS, 4-H LEADER AND CENTER DIRECTOR. THIRTY-NINE GIRLS REGISTERED FOR JUDGING. JUDGING PRINCIPLES WERE DEMONSTRATED. LIMITATION OF TIME PERMITTED EACH GROUP OF 4 TO JUDGE ONLY 2 CLASSES. AFTER THE JUDGING MISS CHURCH GAVE PLACINGS AND REASONS. GENERAL ENTHUSIASM AND INTEREST DISPLAYED BY THE GIRLS DURING DISCUSSION OF REASONS INDICATED THEIR SATISFACTION WITH THE LEARNING OPPORTUNITY PROVIDED BY THE MEETING. IT WAS ESPECIALLY PLEASING TO OBSERVE THE

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ACTIVE AND EAGER PARTICIPATION OF THE LITTLE INDIAN 4-H'ERS. IN MANY OF THE MIXED CLUB GROUPS, WITHOUT HESITATION THE GIRLS ELECTED THE LITTLE INDIAN GIRL CAPTAIN TO COLLECT AND TURN IN THEIR PLACING CARDS. FOR OUR NEW AGENTS ASSISTING THE MEETING PROVIDED EXCELLENT FIRST-HAND EXPERIENCE. ELEVEN LEADERS AND PARENTS WERE INTERESTED OBSERVERS.

LEADER TRAINING MEETINGS WERE HELD IN THE COUNTY FOR 4-H CLOTHING LEADERS. THE ATTENDANCE WAS VERY POOR, AND THE HOME AGENT HAS HAD TO DO FOLLOW UP WORK AT THE LEADERS' HOMES IN MANY CASES. VARIOUS LOCAL COUNTY CHANGES IN THE PROGRAM ARE BEING ENTHUSIASTICALLY EXCEPTED BY THE LEADERS, AND WILL BE REPORTED WITH THE RESULTS FOR NEXT YEAR. ONE ACTIVITY WHICH WAS INTERESTING AND HAD CONSIDERABLE ENTHUSIASM WAS A SHOPPING DAY FOR CLOTHING. THIS WAS MADE UP OF DEMONSTRATIONS, FILMS, AND A TOUR OF THE STORES IN CASA GRANDE TO INFORM THE GIRLS ON FASHIONS, PATTERNS, FABRICS, AND OTHER CLOTHING INFORMATION.

FOODS AND NUTRITION

LEADER TRAINING MEETINGS HAVE BEEN CONDUCTED FOR THE LEADERS ON THE NEW FOODS PROJECTS. LIKE THE CLOTHING, ATTENDANCE HAS BEEN POOR AND THE AGENT HAS HAD TO DO INDIVIDUAL TRAINING IN THE HOMES OF THE LEADERS IN MANY CASES. A GOOD DEAL OF INTEREST AND ENTHUSIASM IS BEING GIVEN THE NEW FOODS PROJECTS WRITTEN BY THE NUTRITIONIST. LEADERS AND MEMBERS ARE INTERESTED IN THE FORMAT AS WELL AS THE CONTENTS AND THE VARIETY OF ACTIVITIES OFFERED THE MEMBERS.

HOME FURNISHINGS

MEMBERS AND LEADERS OF ELOY ADVANCE 4-H ROOM IMPROVEMENT MET WITH THE AGENT. REQUIREMENTS WERE DISCUSSED. EACH GIRL'S INDIVIDUAL ROOM PROBLEMS WERE BROUGHT OUT AND SUGGESTIONS WERE MADE TO HELP HER PLAN HER PROJECT.

UNDER GUIDANCE OF MISS GRACE RYAN, HOME FURNISHING SPECIALIST, RINGS FOR COUNTY JUDGING CONTESTS WERE OUTLINED AND PLANNED. MRS. GLADYS WHITE, ASSISTANT HOME AGENT, MADE OR COLLECTED NECESSARY MATERIALS FOR THESE KITS.

SUMMARY

EFFORTS IN 4-H CLUB WORK SHOULD BE DIRECTED TOWARDS IMPROVED QUALITY OF PROJECT WORK AND STRENGTHENED COMMUNITY CLUB PROGRAMS. PROGRAM PLANNING SHOULD STRESS CHILD PARTICIPATION AND CHILD-DIRECTED CLUB WORK.

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ONE OF THE BIG PROBLEMS IS ONE OF PUBLIC RELATIONS AND THE CONTINUED EDUCATION OF THE PEOPLE THAT 4-H CLUB WORK IS AN OUT OF SCHOOL ACTIVITY AND THAT IT DEPENDS UPON VOLUNTEER LEADERS AND THE SUPPORT OF THE COMMUNITY TO MAKE IT SUCCESSFUL. THE AGENTS ARE NOT LEADERS, BUT RATHER ARE TRAINERS OF THE LEADERS. IT IS ALSO ONLY ONE PART OF EXTENSIONS DIVISIONS. FURTHER WORK IS ALSO NECESSARY IN IMPROVING THE ATTITUDE AND PARTICIPATION IN LEADER TRAINING MEETINGS AND 4-H CLUB COUNCIL. DISTANCES ARE A PROBLEM AND ARE BEING CONSIDERED IN THE PROGRAM PLANNING AND LEADER TRAINING. THERE ARE MANY OPPORTUNITIES FOR FURTHER 4-H CLUB WORK IN THE COUNTY.

SOME OF THE ADDITIONAL NEEDS FOR IMPROVING THE 4-H CLUB PROGRAM WOULD BE THE REVISION AND LIBERALIZATION OF SOME PROJECTS. THIS MIGHT ALSO INCLUDE CONSIDERATION OF MEMBERS WANTS AND NEEDS AND TO INCORPORATE THEIR IDEAS IN THE PLANNING. A FURTHER INCREASE IN COMMUNITY CLUBS WOULD STRENGTHEN THE PROGRAM. MORE PLANNING AND PROJECTS SHOULD BE CONSIDERED FOR THE OLDER MEMBERS TO KEEP THEM IN CLUB WORK JUST AS MUCH AS GETTING THE FIRST AND SECOND YEAR MEMBERS TO RE-ENROLL.

OUTLOOK OF 4-H HOME DEMONSTRATION WORK

OUTLOOK OF 4-H HOME DEMONSTRATION PROJECTS IS A CONTINUED INCREASE IN MEMBERSHIP AS THE PROJECTS BECOME MORE INTERESTING AND MORE VARIED FOR THE MEMBERS. WE ALSO FIND BOYS INTERESTED IN THE HOME DEMONSTRATION PROJECTS ESPECIALLY FOODS, HOME FURNISHINGS AND YARD BEAUTIFICATION.

---- LOOKING INTO 1958, AND PROJECTING INTO ADDITIONAL YEARS THESE ARE SOME OF THE RECOMMENDATIONS THE HOME AGENT WOULD MAKE FOR THE HOME DEMONSTRATION PROGRAM AND FOR EXTENSION IN GENERAL. THE LATTER STATEMENT IS ONE OF THE IMPORTANT ONES IN THAT PEOPLE NEED TO REALIZE AND UNDERSTAND THAT THE EXTENSION AND EXTENSION STAFF WORK TOGETHER ON A THREE FOLD PROGRAM; HOME DEMONSTRATION, 4-H AND AGRICULTURE. IT IS A CONTINUING EDUCATION PROGRAM FOR ALL PEOPLE.

---- EXTEND EXTENSION INFLUENCE AND IMPROVE HOMEMAKING THROUGHOUT THE COUNTY AND CONTINUE TO DISSEMINATE INFORMATION AND RESULTS OF RESEARCH. TO DO THIS IT SEEMS NECESSARY THAT WE CONTINUE TO WORK WITH OTHER PUBLIC AGENCIES; SUCH AS THE SCHOOLS, PUBLIC HEALTH, WELFARE, INDIAN SERVICE, ETC., AND OTHER PRIVATE AGENCIES SUCH AS THE ARIZONA MIGRANT MINISTRY, AS WELL AS OUR OWN EXTENSION GROUPS. IT ALSO SEEMS NECESSARY TO RECOGNIZE THAT WITH SO MANY ORGANIZATIONS THAT PEOPLES TIME IS LIMITED. HOME AGENTS MIGHT WORK THROUGH OTHER GROUPS TO PRESENT PROGRAMS AND SATISFY THE NEEDS AND WANTS OF MORE PEOPLE. SUCH GROUPS MIGHT BE P.T.A., CHURCH GROUPS, SERVICE CLUBS, ETC.

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---- CONTINUE TO IMPROVE METHODS AND TECHNIQUES OF TEACHING.

- A. BETTER LEADER TRAINING MEETINGS, TO INCLUDE MORE METHODS OF TEACHING, PRESENTATION, AND REPORTING.
- B. USE OF MORE VISUAL AIDS AND METHODS OF REACHING MORE PEOPLE, SUCH AS PRESS, RADIO, DISPLAYS, ETC.
- C. USE OF MORE LEADERS THAT HAVE ALREADY BEEN TRAINED TO PRESENT SUBJECT MATTER TO NEW GROUPS AND TO OTHER GROUPS, AND TO CONTINUE AND IMPROVE THEM IN THEIR FIELD OF INTEREST. SHARE LEADERSHIP USING THESE PEOPLE AND OTHER RESOURCE PEOPLE IN THE COUNTY WHEN FEASIBLE.

---- REACH INTO NEW AREAS OF THE COUNTY, ESPECIALLY IN THE WESTERN PART OF THE COUNTY WHERE FARMING AREAS PRIMARILY PREDOMINATE. A FURTHER NEED IS TO REACH THE YOUNG HOMEMAKERS, THE WORKING MOTHERS, MIGRANTS, AND FRINGE AREAS. IN ORDER TO DO THIS, NEW GROUPS MAY HAVE TO BE ORGANIZED AND/OR WORK THROUGH OTHER GROUPS AS MENTIONED ABOVE. SOME PROGRAM ADJUSTMENT TO SPECIFIC NEEDS OF THESE GROUPS SHOULD BE MADE.

---- CONTINUE TO STRENGTHEN THE COUNTY ORGANIZATION; THAT IS THE HOMEMAKERS COUNCIL AND IMPROVING THE ATTENDANCE AT MEETINGS BY HAVING BETTER PROGRAMS AND MORE PLANNING WITH THE OFFICERS.

---- CONTINUE SUBJECT MATTER WITH SPECIAL REFERENCE TO BEGINNING CLOTHING SCHOOLS AS WORK SHOPS OUT SIDE OF HOMEMAKER MEETINGS AND OPEN TO OTHER HOMEMAKERS WHO ARE INTERESTED.

- A. EMPHASIS ON HOME GROUNDS BEAUTIFICATION AND YARD IMPROVEMENT. LIKEWISE HEALTH AND SAFETY.
- B. STRESS BETTER MANAGEMENT OF MONEY, TIME AND ENERGY.
- C. FURTHER THE UNDERSTANDING OF SOME OF OUR ECONOMY, BOTH LOCAL, STATE, AND FEDERAL WHICH SHOULD ALSO BE A PART OF ALL PROGRAMS OF SUBJECT MATTER WHEN APPLICABLE.
- D. STRESS FURTHER TRAINING IN CITIZENSHIP AND ALERTING THE HOMEMAKER TO HER RESPONSIBILITY AND DUTIES AS A CITIZEN.

---- CONTINUE TO OBTAIN AND LEARN TO UNDERSTAND THE PEOPLE AND THE COUNTY, THE PROBLEMS, NEEDS AND THE WANTS. CONTINUE ALERTNESS TO SITUATIONS AND CONDITIONS THAT EFFECT THE COMMUNITY, THE COUNTY, STATE AND NATION.

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----- BUILD A STRONG PROGRAM OF PUBLIC RELATIONS TO INFORM THE PEOPLE OF
EXTENSION AIMS AND PURPOSES AS WELL AS FUNCTIONING TO GIVE STABILITY TO THE
HOME DEMONSTRATION PROGRAM.

----- THESE CAN BE FURTHERED WITH THE ADDITION OF AN ASSISTANT AGENT TO WORK
WITH ALL PROJECTS OF HOME ECONOMICS AND NOT JUST 4-H.

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STATISTICAL REPORT SUMMARY

ITEM	E. KELLER HOME AGENT WORK	L. LEROY HOME AGENT WORK	G. WHITE 4-H AGENT WORK	COUNTY TOTAL (HOME AGENT WORK NOT INCLUDING 4-H)
1. FARM OR HOME VISITS	478	31	28	509
2. OFFICE CALLS	222	150	210	372
3. TELEPHONE CALLS	129	173	137	302
4. NEWS ARTICLES OR STORIES PREPARED	22	19	15	41
TOTAL COLUMN INCHES OF NEWS USED				8,766
5. BROADCASTS MADE OR PRE- PARED: RADIO	68	7	6	75
6. BULLETINS DISTRIBUTED	2,795	1,335	417	4,130
7. ADULT RESULT DEMONSTRATIONS CONDUCTED		4	6	4
8. TRAINING MEETINGS HELD FOR LOCAL LEADERS:				
A. ADULT WORK:				
1. NUMBER	11	11	2	22
2. ATTENDANCE	152	162	21	314
C. 4-H CLUB WORK:				
1. NUMBER	7	12	1	19
2. ATTENDANCE	34	216	4	250
9. ALL OTHER MEETINGS AGENT HELD OR PARTICIPATED IN:				
A. ADULT WORK:				
1. NUMBER	40	18	15	58
2. ATTENDANCE	1,699	216	229	1,915
C. 4-H CLUB WORK:				
1. NUMBER	15	11	16	26
2. ATTENDANCE	414	405	276	819
10. MEETINGS HELD OR CON- DUCTED BY LOCAL LEADERS:				
A. ADULT WORK:				
1. NUMBER	8	34	19	42
2. ATTENDANCE	105	431	211	536
C. 4-H CLUB WORK:				
1. NUMBER	5	27	9	32
2. ATTENDANCE	126	281	238	407
11. CALENDAR MONTHS OF EM- PLOYMENT.	5	5	5	10
12. TOTAL DAYS WORKED	132	95	125	227
A. DAYS IN OFFICE	60	60	96	120
B. DAYS IN FIELD	72	35	29	107

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ITEM	E. KELLER HOME AGENT WORK	L. LEROY HOME AGENT WORK	G. WHITE 4-H AGENT WORK	COUNTY TOTAL (HOME AGENT WORK NOT INCLUDING 4-H)
20. DAYS DEVOTED TO:				
A. ADULT WORK	73	49	47	122
B. YMW WORK				
C. 4-H CLUB WORK	59	46	78	105
21. DAYS DEVOTED TO:				
A. EXTENSION ORGANIZATION AND PROGRAM PLANNING	44	63	59	107
B. IN-SERVICE TRAINING OF AGENTS	3	10	12	13
K. HOUSE AND SURROUNDINGS FURNISHINGS AND EQUIP- MENT	13	3	10	16
L. HOME MANAGEMENT	4			4
M. FAMILY ECONOMICS	3			3
N. CLOTHING	15	17	12	32
O. FOODS AND NUTRITION	22		13	22
P. HEALTH	14	4		18
Q. FAMILY LIFE, CHILD DEVELOPMENT, & PARENT EDUCATION	6			6
R. SAFETY	3			3
S. COMMUNITY DEVELOPMENT AND PUBLIC AFFAIRS	5		14	5
T. DAYS THAT CANNOT BE CHARGED SPECIFICALLY TO ONE OF ITEMS A THROUGH S			5	